THE MOST HOLY
BODY AND BLOOD OF CHRIST
June 14, 2020

ALL CATHEDRAL MASSES ARE CURRENTLY AVAILABLE BY LIVESTREAM ONLY AT:
SFARCH.ORG/LIVESTREAMS

MONDAY - FRIDAY
Masses: 7:30 am; 12:10 pm
SATURDAY
8:00 am Morning Mass; 5:30 pm Vigil Mass
SUNDAY
7:30 am, 9:00 am, 11:00 am (in English)
1:00 pm (en Español)

COME VISIT IN PERSON!
THE CATHEDRAL WILL BE OPEN FOR
PRIVATE PRAYER:
MON-FRI: 8AM-11:45AM; 1-5PM
SAT: 9-5 (CONFESSIONS: 4-5PM)
SUNDAY: 2:30-5:00PM

MOST REVEREND SALVATORE J. CORDILEONE
Archbishop of San Francisco

REVEREND ARTURO L. ALBANO
Pastor

BAPTISM

INFANTS
English Preparation: First Saturdays at 10:00 am
English Baptisms: Second Sundays at 2:15 pm
Consult Web Page: www.smcsf.org/parish/baptisms

BAUTIZO EN ESPAÑOL:
Primer Domingo a las 2:15 pm
Informes con Sofia Aguilar (415) 236-1557

ADULTS OR SCHOOL-AGE CHILDREN:
Contact Doug Benbow (415) 567-2020 x 220

FIRST COMMUNION
Cathedral Parishioners, contact our Office (415) 567-2020 x 200
Primera Comunión en Español:
Informes con Rosario Morales (415) 509-7533
o Maria Sandoval (415) 867-5676
Adult Candidates, contact Doug Benbow (415) 567-2020x220

CONFIRMATION
Doug Benbow (Cathedral Parishioners only) (415) 567-2020x220
En español: informes con Rosario Morales (415) 988-5884

MARRIAGE
Mimi Ruiz (Call at least 6 months before ceremony) (415) 567-2020x254

MINISTRY TO THE SICK AND HOMEBOUND
Contact Deacon R. Christoph Sandoval (415) 567-2020x203

ANOINTING OF THE SICK
Cathedral Parishioners, call Parish Office to speak to a priest.

FUNERALS
Contact Doug Benbow (415) 567-2020x220

BEREAVEMENT
Contact Deacon R. Christoph Sandoval (415) 567-2020x203

EXPOSITION OF THE BLESSED SACRAMENT
First Fridays: 8:30 am - 5:00 pm
The Cathedral Urges Your Generosity

During this time of Livestreamed Masses, closed to the public, we join church communities worldwide in losing a primary source of support for pastoral ministries, operating expenses, and many programs that continue despite current limitations. Please help us with your contributions if you are able to give.

Ways to Give

♦ Online: smcsf.org/donate
♦ By Mail: 1111 Gough St, San Francisco, CA, 94109.
♦ In Person: Donation Slots are located just inside the Main Entrance to the Cathedral.

Our humble gratitude is sincere and whole-hearted. Thank You!

Mass Intentions

All Masses Currently Livestreamed, until at least June 21st. Check here for Updates. Please visit: sfarch.org/livestreams

Your Mass Intentions will be remembered by our Priests in their private celebration of the Mass.

Please watch our Masses Livestreamed to hear your intentions read aloud.

Saturday June 13 - (See Readings for Sunday)
5:30 pm + Feliciano and Carolina Dizon

Sunday June 14 -Dt 8:4-3, 14b-16a; Ps 147; 1 Cor 10:16-17; Jn 6:51-58
7:30 am Intentions (Health) of John Enna
9:00 am Intentions (Thanksgiving) for our Clergy
11:00 am Intentions of All Parishioners
1:00 pm + Ana Consuelo Gomez

Monday June 15 -1 Kgs 21:1-16; Ps 5:2-3ab, 4b-7; Mt 5:38-42
7:30 am + Eufemia Sanchez
12:10 pm + Alfonso Marciscano

Tuesday June 16 -1 Kgs 21:17-29; Ps 51:3-6ab, 11, 16; Mt 5:43-48
7:30 am Intentions of Aldo Arturo Della Maggiora
12:10 pm Intentions (Thanksgiving) for our Clergy

Wednesday June 17 -2 Kgs 2:1, 6-14; Ps 31:20, 21, 24; Mt 6:1-6, 16-18
7:30 am + Rev. Michael McEgan, SMA
12:10 pm Intentions (Thanksgiving) for our Clergy

Thursday June 18 -Sir 48:1-14; Ps 97:1-7; Mt 6:7-15
7:30 am + Rev. Michael McEgan, SMA
12:10 pm + Chuck Haase

Friday June 19 1 Jn 4:7-16;; Ps 89:4-5, 29-34; Mt 11:25-30
7:30 am Int. of Mother Mary of the Sacred Heart, OCD
12:10 pm + Flor Sipin Primicias

Saturday June 20-2 Chr 24:17-25; Ps 69:8-10, 14, 17, 33-35; Lk 2:41-51
8:00 am + David Dion
SAFETY CLOSURE SCHEDULES

PUBLIC MASSES CANCELED
In accordance with public health regulations, All Public Masses have been canceled until at least June 21st. State Plan for Reopening: p. 4. GIFT SHOP, OFFICE AND EVENT CENTER Closed to the public during this time.

MASSES LIVESTREAMED

Livestreaming the Mass
https://sfarch.org/livestreams
Weekday Masses will be livestreamed each day at 7:30 a.m. and 12:10 pm.
Weekend Masses will be livestreamed on Saturday at 8:00 am and 5:30 pm, and Sunday at 7:30 am, 9:00 am, 11:00 am in English, and at 1:00 pm in Spanish.

OPEN FOR PRIVATE PRAYER

Cathedral Open Hours
When not closed for safety during Mass Livestreams, the Cathedral remains open for private individual prayer.
Please observe a safe distance of at least 6 feet from other worshippers, thank you.
• Monday thru Friday: 8am-11:45am; & 1-5pm
• Saturday: 9am-5pm
• Confessions: Sat, 4-5pm, Guadalupe Shrine
• Sunday: 2:30-5:00pm

SPIRITUAL RESOURCES

ARCHDIOCESAN RESOURCES
The Archdiocese website offers some beautiful and timely prayers, devotionals, and guides to keeping the Sabbath Holy, all designed specifically for this unprecedented period of Social Distancing. Please visit:
• sfarch.org/prayers
• sfarch.org/devotionals
• sfarch.org/keeping-the-sabbath

MUSICAL MEDITATIONS ♫♫
(Formerly “Sunday Concert Series”) resumes June 21
At the earliest.
Musical Meditations Tentatively Begins on Sunday, June 21, 2020, 4pm: Brian Swager, Harp

Please refer to Music Department for updates: Dr. Christoph Tietze (415) 567-2020, ext 213

ABIERTO PARA ORACIÓN PRIVADA
La catedral estará abierta para poder hacer sus oraciones privadas cuando no está cerrada durante las misas en vivo por internet. Por favor, observe una distancia de al menos 6 pies (2 metros) entre personas, gracias.
• Lunes a Viernes: 8am-11:45am y 1-5pm
• Sábado: 9am-5pm
• Confesión: Sábado, 4-5pm, Altar de Guadalupe
• Domingo: 2:30-5pm

PRECAUCIONES DURANTE REFUGIO EN CASA

MISAS PÚBLICAS SIGUEN CANCELADAS
De acuerdo con las regulaciones de salud pública, todas las Misas públicas han sido canceladas hasta por lo menos el 21 de junio. Guía Estatal para Reapertura: p. 4
TIENDE DE REGALOS, OFICINA Y CENTRO DE EVENTOS
Todo cerrado durante este periodo.

MISAS EN VIVO POR INTERNET

SFARCH.ORG/LIVESTREAMS
Todas nuestras misas incluyendo la misa de la 1:00 pm en Español el domingo se transmitirán en vivo por internet aquí.

RECURSOS ESPIRITUALES

OFRECIDOS POR LA PÁGINA WEB SFARCH.ORG
• Oraciones: sfarch.org/prayers (una en español)
• Devociones: sfarch.org/devotionals (inglés)
• Santificar el Día del Señor en Casa: sfarch.org/keeping-the-Sabbath (bilingüe en español e inglés)

“THROUGH DARKNESS INTO NEW LIGHT”

Free Grief Support Group
Meetings Held on ZOOM
Please contact Dcn Chris Sandoval for details to join: rcs7777@comcast.net

(Meets Friday, June 19, 2020 10:30 A.M.-12:00 P.M.)
A free Grief Support Session is currently being held on ZOOM, on the third Friday of each month.
These sessions provide information on the grieving process, and tips on coping with the loss of a loved one. This is an opportunity to mourn in a safe, private and confidential setting.

NEXT SESSIONS:
• July 17  • August 21  • Sept. 18

The Most Holy Body and Blood of Christ - June 14, 2020
Until we can re-open for Masses at the Cathedral, we invite you to take advantage of spiritual care counseling over the telephone with Deacon Chris Sandoval.

**Please email your request for a phone appointment to Rcs7777@comcast.net**

(IF you do not have email access, please call the Cathedral)

We are available particularly for those who are longing for a return to the Mass and the Sacraments, those infected and affected by the Coronavirus, the sick, homebound and hospitalized.

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**CATHEDRAL CRISIS CARE PRAYER HELPLINE**

**OFFICE OF THE ARCHBISHOP**

Archbishop Cordileone has communicated with the priests of the Archdiocese with new information on re-opening for public Masses. This comes as San Mateo County “opened up” for public worship on June 1, and San Francisco and Marin Counties have named June 15 for that purpose. Because June 15 is a Monday, and the day after the Solemnity of the Most Holy Body and Blood of Christ, the Archbishop informed the presbyterate that all parishes and other worship sites in the Archdiocese that are prepared to implement all of the safety protocols he has given them previously may resume public Mass on Sunday, June 14.

[Editor’s Note: The Cathedral will be prepared to implement these protocols as of Sunday, June 21*]

His communication included additional instructions on the safe conduct of any Corpus Christi processions after Mass. The actions of the citizens of the Bay Area appear to have been effective at “flattening the curve.” All are to be commended for the personal inconveniences and pain suffered for the good of the larger community.

*Including the 5:30pm “Mass of Anticipation” on Saturday, June 20th*

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**¡REAPERTURA DE LA CATEDRAL CONFIRMADA PARA EL 21 DE JUNIO!*!

**OFICINA DEL ARZOBISPO**

El Arzobispo Cordileone se ha comunicado con los sacerdotes de la Arquidiócesis con nueva información sobre la reapertura de las Missas públicas. Esto se produce cuando el Condado de San Mateo “se abrió” para el culto público el 1 de junio, y los condados de San Francisco y Marin nombraron el 15 junio con ese propósito. Debido a que el 15 de junio es un lunes, y el día después de la Solemnidad del Santísimo Cuerpo y la Sangre de Cristo, el Arzobispo informó al presbítero que todas las parroquias y otros lugares de culto en la Arquidiócesis que están preparados para implementar todos los protocolos de seguridad que tiene dado previamente puede reanudar la misa pública el domingo 14 de junio.

[Nota del editor: La Catedral estará preparada para implementar estos protocolos el domingo 21 de junio*]

Su comunicación incluyó instrucciones adicionales sobre la conducta segura de cualquier procesión del Corpus Christi después de la misa. Las acciones de los ciudadanos del Área de la Bahía parecen haber sido efectivas para “aplanar la curva”. Todos deben ser elogiados por los inconvenientes personales y el dolor sufrido por el bien de la comunidad en general.

* Incluyendo la Misa de Anticipación a las 5:30pm en el Sábado, 20 de Junio*

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**SAINTS AND FEAST DAYS**

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<thead>
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<th>Friday</th>
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<tr>
<td>Most Sacred Heart of Jesus</td>
<td>Immaculate Heart of Mary</td>
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**SANTOS Y DÍAS DE FIESTA**

<table>
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<tr>
<th>Viernes</th>
<th>Sábado</th>
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<tr>
<td>El Sagrado Corazón de Jesús</td>
<td>El Inmaculado Corazón de la Virgen Maria</td>
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In the Gospel of John, Jesus speaks more than once of His great desire that His followers be united. As the Good Shepherd, He states that He must lead His sheep, as well as the sheep “that do not belong to this flock,” so that “there shall be one flock, one shepherd” (John 10:16). In His farewell address to his disciples (John 14:1-17:26), Jesus prays to His Father (17:1-26) for those who will come to believe in Him, “that they may be one as you, Father, are in me, and I in you...that they may be one in us” (17:21).

St. Paul was no stranger to this desire of Jesus that all may be one in Him and His Father. He speaks of the Church as a body that is “one though it has many parts, and all of the body, though many, are one body, so also in Christ” (1 Cor 12:12). For the great Feast of Pentecost, in which we recently wrapped up our fifty-day celebration of Easter, Paul spoke to us of the unity we all share in the Holy Spirit, “for in one Spirit we were all baptized into one body...and we were all given to drink of the one Spirit” (1 Cor 12:13). As Catholic followers of Christ, we can note his reference to the Sacrament of Baptism, and clear references to Confirmation, in which we are all united in the Church of Christ, confirmed, inspired and united in and through the Holy Spirit dwelling within us.

Paul does not stop there, however, nor do we, who are united as Church through Baptism and Confirmation. Paul points out, “because the loaf of bread is one, we, though many are one body, for we all partake of the one loaf” (1 Cor 10:17). Jesus further unites us in the central Sacrament of His Body and Blood, whenever we celebrate the Holy Mass. We gather to be united in a Sacrament, the reception of which is appropriately called “Communion.”

This Eucharistic union, however, has far-reaching ramifications for us as Church, already united in the one Spirit through Baptism. Like any food, the Eucharistic Communion we share in the Body and Blood of Christ, in the sign and form of bread and wine, though now of a transubstantiated species, is absorbed into our bodies; not only a spiritual nourishment, but also a fundamentally physical union with...
The Most Holy Body and Blood of Christ - June 14, 2020

Christ. We become one with Christ who we physically “absorb” and “incorporate” in and through our consumption of His Body and Blood.

As Catholics who receive Communion whenever we celebrate the Holy Mass, our reception of Christ’s Body and Blood is one thing we all have in common. Therefore, as we share in the Eucharist, we are physically and spiritually united to one another in and through our physical and spiritual union with Christ. Ergo, in receiving His Body and Blood, we are more and more transformed and strengthened into the Body of Christ, becoming one with Him, in and through our unity as His Body, the Church.

We repeatedly gather as one Body, united in Christ, sharing in the one Spirit. We gather to grow more and more into the One Body that is the Church in our shared worship, in which we all share in the one loaf. We gather together to answer His call to "do this in remembrance of me," as Jesus’ fervent prayer, offered the night before He died, continues to be answered and fulfilled: That we may be one, as He and His Father are One.

Fr. Bill Nicholas
Catholic San Francisco
June 19, 2014

www.frbillnicholas.com

SAINT ROMUALD, JUNE 19

(c. 951-1027)

“God so loved the world,” declares John 3:16. “Do not love the world,” warns 1 John 2:15. The “world” to love: this planet, entrusted to our stewardship, and its people, God’s children all. The “world” to flee: “sensual lust, enticement for the eyes, and a pretentious life” (1 John 2:16).

Born in nobility, Romuald’s conversion followed the shock of witnessing his father murder an enemy. Renouncing his privileged world, Romuald sought God’s world in monastic life. Its winding turns and several dead ends make Romuald’s journey resonate with all who find life more maze than superhighway.

Both the hermit’s solitary struggle and community life’s unique challenges shaped Romuald’s legacy: his vast Camaldolese Benedictine family of monks, nuns, and lay associates who, these thousand years later, from the mountain solitude of Camaldoli, Italy to an urban monastery in Berkeley, California—in Asia, Africa, South America, Europe—integrate Romuald’s experience into their witness of solitary prayer, communal charity and worship, and promotion of contemplative spirituality in this world that can so easily distract us from the God who loves it still.

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SAN ROMUALDO, 19 DE JUNIO

(c. 951-1027)

Romualdo fue el padre fundador de los monjes camaldulenses, imponiendo en ellos reglas más severas que las que san Benedicto había impuesto en su monasterio. Un hecho que transformó su vida fue el ver a su padre batirse a duelo, dando muerte a otra persona.

Puesto que el rey Otón III lo había nombrado Abad, renunció al cargo por considerarlo de mucho prestigio para él, porque lo único que deseaba era ser un simple monje dedicado a la contemplación y la vida ermitaño. Con este espíritu viajó por toda Italia erigiendo ermitas y fundando conventos.

Su capacidad de conversión era notable, pues llegó a convencer a su mismo padre de que se hiciera monje. De profundo amor a Dios y de voluntad férrea, quiso ser mártir y pidió al papa su permiso para ir a predicar el Evangelio a Hungría, pero cada vez que lo intentaba se enfermaba, así comprendió que Dios deseaba que se estableciera en el monasterio y reformara la vida tan holgada de muchos monjes de su tiempo, tarea que logró más allá de lo esperado.

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