ALL CATHEDRAL MASSES ARE CURRENTLY AVAILABLE BY LIVESTREAM ONLY AT:
SFARCH.ORG/LIVESTREAMS

**MONDAY - FRIDAY**
Masses: 7:30 am; 12:10 pm

**SATURDAY**
8:00 am Morning Mass; 5:30 pm Vigil Mass

**SUNDAY**
7:30 am, 9:00 am, 11:00 am (in English)
1:00 pm (en Español)

**COME VISIT IN PERSON!**
The Cathedral will be open for Private Prayer:
Mon-Fri: 8AM-11:45AM; 1-5PM
Sat: 9-5 (Confessions: 4-5PM)
Sunday: 2:30-5:00PM

**Most Reverend Salvatore J. Cordileone**
Archbishop of San Francisco

**Reverend Arturo L. Albano**
Pastor

**Baptism**
Infants English Preparation: First Saturdays at 10:00 am
English Baptisms: Second Sundays at 2:15 pm
Consult Web Page: www.smcsf.org/parish/baptisms

Bautizo en Español: Primer Domingo a las 2:15 pm
Informes con Sofia Aguilar (415) 236-1557

Adults or School-Age Children:
Contact Doug Benbow (415) 567-2020 x 220

**First Communion**
Cathedral Parishioners, contact our Office (415) 567-2020 x 200
Primera Comunión en Español:
Informes con Rosario Morales (415) 509-7533
o María Sandoval (415) 867-5676
Adult Candidates, contact Doug Benbow (415) 567-2020x220

**Confirmation**
Doug Benbow (Cathedral Parishioners only) (415) 567-2020x220
En español: informes con Rosario Morales (415) 988-5884

**Marriage**
Mimi Ruiz (Call at least 6 months before ceremony) (415) 567-2020x254

**Ministry to the Sick and Homebound**
Contact Deacon R. Christoph Sandoval (415) 567-2020x203

**Anointing of the Sick**
Cathedral Parishioners, call Parish Office to speak to a priest.

**Funerals**
Contact Doug Benbow (415) 567-2020x220

**Bereavement**
Contact Deacon R. Christoph Sandoval (415) 567-2020x203

**Exposition of the Blessed Sacrament**
First Fridays: 8:30 am - 5:00 pm

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Cathedral of Saint Mary of the Assumption
1111 Gough St, San Francisco, CA 94109-6686
Telephone: (415) 567-2020
Fax: (415) 567-2040
www.smcsf.org
CATHEDRAL OF ST. MARY OF THE ASSUMPTION
Telephone: (415) 567-2020
Website: www.smcsf.org

PASTORAL STAFF AND CLERGY
Rev. Arturo L. Albano, Pastor ext. 209
Rev. William C. Nicholas, Parochial Vicar ext. 208
Msgr. Romulo A. Vergara, Clerk
Rev. William C. Nicholas, ext.
Msgr. Romulo A. Vergara, ext.
Rev. Mr. R. Christoph Sandoval, Deacon;
Ministry to the Homebound; Support Groups ext.203

CATHEDRAL MUSIC
Director of Music: Christoph Tietze ext.213
Music Office Assistant: Jin Kyung Lim ext.233
Cantors: Claudia Landivar, Mimi Ruiz, Ash Walker

OFFICE AND ADMINISTRATION
Business Manager: Mark Silva ext.202
Development Department: Jolie Velazquez ext.228 Payroll/Benefits Coordinator, Secretary: Janel Carrillo ext.215
Receptionist: Michael McKeon ext.200
Weekend Receptionists: Marie Fernandez, Norma Guerrero ext.200

CATHEDRAL EVENT CENTER
Director: Diane Luporini ext.201
Supervisor: Bobby Johnson ext.221

CATHEDRAL TOURS
Director of Docents: Doug Benbow ext.207
Manager: Jeff McReynolds ext.230

GIFT SHOP (TEMPORARILY CLOSED)
Manager: Maria Elena De Leon Tel: (415) 567-4040
Clerk: Marie Fernandez

THE CATHEDRAL URGES YOUR GENEROSITY
During this time of Livestreamed Masses, closed to the public, we join church communities worldwide in losing a primary source of support for pastoral ministries, operating expenses, and many programs that continue despite current limitations. Please help us with your contributions if you are able to give.

WAYS TO GIVE
♦ Online: smcsf.org/donate
♦ By Mail: 1111 Gough St, San Francisco, CA, 94109.
♦ In Person: Donation Slots are located just inside the Main Entrance to the Cathedral.

Our humble gratitude is sincere and whole-hearted. Thank You!

ALL MASSES CURRENTLY LIVESTREAMED, through at least June 15th. Check here for Updates. Please visit: sfarch.org/livestreams

Your Mass Intentions will be remembered by our Priests in their private celebration of the Mass. Masses with “No Intention” will be offered for the health of those suffering from Covid-19

Saturday June 6 - (See Readings for Sunday)
5:30 pm + All Souls in Purgatory

Sunday June 7 -Ex 34:4b-6, 8-9; Dn 3; 2 Cor 2 13:11-13; Jn 3:16-18
7:30 am + Jesús Consunji
9:00 am Intentions of Sr. Elizabeth of the Trinity, OCD
11:00 am Intentions of All Parishioners
1:00 pm + Blanca Herrera

Monday June 8 -1 Kgs 17:1-6; Ps 121:1bc-8; Mt 5:1-12
7:30 pm + Adelaida Sanchez
12:10 pm + Ji Tae Sik Thomas

Tuesday June 9 -1 Kgs 17:7-16; Ps 4:2-5, 7b-8; Mt 5:13-16
7:30 pm + Teodora Castillo

Wednesday June 10 -1 Kgs 18:20-39; Ps 16:1b-2ab, 4, 5ab, 8, 11; Mt 5:17-19
7:30 pm Intentions of Aldo Arturo Della Maggiora
12:10 pm Intentions of Aldo Arturo Della Maggiora

Thursday June 11 -Acts 11:21b-26; 13:1-3; Ps 65:10-13; Mt 5:20-26
7:30 pm Special Intentions of Jin Kyung Lim
12:10 pm Intentions of Hermes Alvarez

Friday June 12 -1 Kgs 19:9a, 11-16; Ps 27:7-9abc, 13-14; Mt 5:27-32
7:30 pm + Nanette Ramos
12:10 pm + Ricky Castillo

Saturday June 13 -1 Kgs 19:19-21; Ps 16:1b-2a, 5, 7-10; Mt 5:33-37
8:00 am Special Intentions of Jin Kyung Lim

Please help us with your contributions if you are able to give.
SAFETY CLOSURE SCHEDULES

PUBLIC MASSES CANCELED
In accordance with public health regulations, All Public Masses have been canceled through at least June 15th. State Plan for Reopening: p. 4.

GIFT SHOP, OFFICE AND EVENT CENTER
Closed to the public during this time.

MASSES LIVESTREAMED

LIVESTREAMING THE MASS
https://sfarch.org/livestreams
Weekday Masses will be livestreamed each day at 7:30 a.m. and 12:10 p.m.
Weekend Masses will be livestreamed on Saturday at 8:00 am and 5:30 pm, and Sunday at 7:30 am, 9:00 am, 11:00 am in English, and at 1:00 pm in Spanish.

OPEN FOR PRIVATE PRAYER

Cathedral Open Hours
When not closed for safety during Mass Livestreams, the Cathedral remains open for private individual prayer.
Please observe a safe distance of at least 6 feet from other worshippers, thank you.
• Monday thru Friday: 8am-11:45am & 1-5pm
• Saturday: 9am-5pm
• Confessions: Sat, 4-5pm, Guadalupe Shrine
• Sunday: 2:30-5:00pm

SPIRITUAL RESOURCES

ARCHDIOCESAN RESOURCES
The Archdiocese website offers some beautiful and timely prayers, devotionals, and guides to keeping the Sabbath Holy, all designed specifically for this unprecedented period of Social Distancing. Please visit:
• sfarch.org/prayers
• sfarch.org/devotionals
• sfarch.org/keeping-the-sabbath

♫♫ MUSICAL MEDITATIONS ♫♫
(Formerly “Sunday Concert Series”) resumes June 21

Musical Meditations Tentatively Begins on Sunday, June 21, 2020, 4pm: Brian Swager, Harp

Please refer to Music Department for updates: Dr. Christoph Tietze (415) 567-2020, ext 213

ABIERTO PARA ORACIÓN PRIVADA

La catedral estará abierta para poder hacer sus oraciones privadas cuando no esta cerrada durante las misas en vivo por internet. Por favor, observar una distancia de al menos 6 pies (2 metros) entre personas, gracias.
• Lunes a Viernes: 8am-11:45am y 1-5pm
• Sábado: 9am-5pm
• Confesión: Sábado, 4-5pm, Altar de Guadalupe
• Domingo: 2:30pm-5pm

PRECAUCIONES DURANTE REFUGIO EN CASA

MISAS PÚBLICAS SIGUEN CANCELADAS
De acuerdo con las regulaciones de salud pública, todas las Misas públicas han sido canceladas hasta por lo menos el 15 de junio. Guía Estatal para Reapertura: p. 4

TIENDA DE REGALOS, OFICINA Y CENTRO DE EVENTOS
Todo cerrado durante éste periodo.

MISAS EN VIVO POR INTERNET

sfarch.org/livestreams
Todas nuestras misas incluyendo la misa de la 1:00 pm en Español el domingo se transmitirán en vivo por internet aquí.

RECURSOS ESPIRITUALES

Ofrecidos por la Página Web SFARCH.ORG
• Oraciones: sfarch.org/prayers (una en español)
• Devociones: sfarch.org/devotionals (inglés)
• Santificar el Día del Señor en Casa: sfarch.org/keeping-the-Sabbath (bilingüe en español e inglés)

CREATE A PRAYER SPACE AT HOME

Since we’ve all been spending so much more time at home, one good use of this time is to pray more frequently on a regular basis.

Our private prayer at home can be enhanced by creating a space specifically designated for prayer. The smallest corner or focal point of a room can take on new meaning, following the words of Matthew to go into an “inner room” to pray (Mt 6:6). Including a Crucifix, sacred image or icon, Bible, Divine Office, Rosary, or candle, can convey the mood, and the materials, of personal or family prayer.

Families are encouraged to seek time together to pray as a unit.

The Most Holy Trinity - June 7, 2020
CATHEDRAL CRISIS CARE PRAYER HELPLINE

Until we can re-open for Masses at the Cathedral, we invite you to take advantage of spiritual care counseling over the telephone with Deacon Chris Sandoval.

**PLEASE EMAIL YOUR REQUEST FOR A PHONE APPOINTMENT TO Rcs7777@comcast.net**

*(IF you do not have email access, please call the Cathedral)*

We are available particularly for those who are longing for a return to the Mass and the Sacraments, those infected and affected by the Coronavirus, the sick, homebound and hospitalized.

### SAINTS AND FEAST DAYS

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<tr>
<th>Day</th>
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### SANTOS Y DÍAS DE FIESTA

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<tr>
<td>Sábado</td>
<td>S. Antonio de Padua, Doctor de la Iglesia</td>
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### STATE ISSUES GUIDELINES FOR CHURCH REOPENINGS WITH LOCAL APPROVAL


El 25 de marzo, el gobernador Newsom anunció que los servicios de la iglesia en el estado podrían reanudarse, dentro de las guías para proteger la salud y la seguridad de los asistentes y de acuerdo con las guías del departamento de salud local. El documento del estado está disponible en el enlace de arriba. En el momento de esta publicación, los departamentos de salud de los tres condados que conforman la Arquidiócesis (San Mateo, San Francisco y Marín) aún recomiendan que no se realicen reuniones de grupos de personas, incluso en iglesias. La alcaldesa de San Francisco, London Breed, ha anunciado una fecha de reapertura anticipada en San Francisco del 15 de junio, en espera de desarrollos de salud pública entre ahora y entonces.

La Arquidiócesis se está comunicando con los departamentos de salud de estos condados. El Arzobispo consulta regularmente con sus compañeros obispos de California y muchos otros asesores, para determinar cuándo y cómo regresar a los servicios regulares en nuestras iglesias mientras manteniendo un distanciamiento seguro y otros protocolos necesarios. Esa información estará disponible lo antes posible, a través de nuestro sitio web, sfarch.org, y nuestros canales de redes sociales (de fácil acceso a través de los iconos en la parte superior del sitio web).

(REAPERTURA TENTATIVA DE LA CATEDRAL: 21 DE JUNIO)

### MESSAGE FROM THE ARCHDIOCESE OF SAN FRANCISCO

On March 25, Governor Newsom announced the church services in the state could resume, within guidelines to protect the health and safety of attendees and according to local health department guidelines. The state’s document is available at the link above. At the time of this publication, the health departments of the three counties that comprise the Archdiocese (San Mateo, San Francisco, and Marin) are still advising that gatherings of groups of people, including in churches, not occur. Mayor Breed has announced an anticipated reopening date in San Francisco of June 15, pending public health developments between now and then.

The Archdiocese is communicating with the health departments of these counties. The Archbishop consults regularly with his fellow California bishops and many other advisors, to determine when and how to return to services in our churches while maintaining safe distancing and other necessary protocols. That information will be made available as soon as possible, via our website, sfarch.org, and our social media channels (easily accessible via the icons at the top of the website).

(CATHEDRAL RE-OPENING: TENTATIVELY SET FOR JUNE 21)
The Most Holy Trinity - June 7, 2020

SCRIPTURE REFLECTION BY FR. BILL NICHOLAS

The Most Holy Trinity

“I AM” what “I AM”

Solemnity of the Most Holy Trinity

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Year A

Exodus 34:4b-6, 8-9  1 Corinthians 13:11-13
Daniel 3:52,53, 54, 55  John 3:16-18

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In C.S. Lewis’ novel The Horse and His Boy, the Calmorene boy, Shasta, has an encounter with a mysterious voice (Aslan the Lion’s) on a dark, foggy night when he is alone and afraid. As Shasta tells this mysterious voice his story, and the voice relates it back to him, Shasta is quite fearful and unsure, wondering if the voice belongs to something that could eat him. When Shasta musters the courage to ask, “Who are you?” the voice answers: “Myself!” very deep and low so that the earth shook; again, “My-self” loud and clear and happy; then a third time, “Myself,” whispered so softly you could hardly hear it “and yet it seemed to come from all around...as if the leaves rustled with it. Shasta was no longer afraid that the voice belonged to something that would eat him.... But a new and different sort of trembling came over him. Yet, he felt glad too.”

An old proverb states, “God created man in his own image; and man, being a gentleman, returned the complement.” This rather cynical saying is probably derived from the observation of people’s tendency to describe God subjectively: “I think God is this way.” “I think God is that way.” “I can’t believe that God would be angry at this if God were a loving God,” or “I can’t believe that God would be this type of God.” These attitudes begin with “I think” or “My image of God is,” and reflect an outlook in which we often try to create God in our own image, from our own ideas and thoughts – creating a god that can cater to any sort of mold we devise from our own subjectivity and prejudices.

However, what we read in the teachings of Christ, and what we hear in C.S. Lewis’ The Horse and His Boy, reminds us not of what we would have God be, but of what God is: a Triune God revealed by Jesus and preached by Christianity. This concept of God is reflected in the three-fold “myself” of Aslan’s Voice when he answers Shasta’s question, “Who are you?” – deep and low, shaking the earth; clear and happy; and whispered very softly. This is the only passage in Lewis’ the Chronicles of Narnia that makes a reference to the Holy Trinity and alludes, even if only in part, to the three persons of the Triune God.

In this voice – a deep, thundering voice; a youthful, joyful voice; and a whispering sound that seems to come from all around – we see the dynamic of the Holy Trinity. God is Power and Judgment; the source of Creation. God is Joy,
in all things. God is that still, small voice that whispers within; like the wind. We can’t see it, but we feel its movement. This reflects the mystery of the Godhead – Father, Son and Holy Spirit.

Our prayer – especially in liturgy – is saturated with references to the Triune God. We begin and end all prayer “in the name of the Father and of the Son and of the Holy Spirit.” In the Gloria we give glory to the Trinity, ending with “You alone are the Lord, Jesus Christ, with the Holy Spirit in the glory of God the Father.”

In our Creed, we say: “We believe in one God, the Father the Almighty...We believe in one Lord Jesus Christ, the only begotten Son of God...We believe in the Holy Spirit, the Lord, the giver of life.” At the Doxology at the end of the Eucharistic Prayer, we see the ultimate direction of all prayer, and everything in which we live and worship as a people of faith as the priest says: “Through [the Son], with Him and in Him in the unity of the Holy Spirit, all glory and honor is yours Almighty Father, forever and ever” (there is a reason we answer with a “Great” Amen.) Finally our liturgy concludes with blessing given in the name of the Triune God.

We come together every year on the Sunday after Pentecost to celebrate our faith in the Holy Trinity – revealed by Jesus, and continuing to sanctify us in and through the Holy Spirit as we share that relationship with God our heavenly Father. We come together to worship our God – Father, Son and Holy Spirit.

Fr. William Nicholas
revised from an article published in
Catholic San Francisco
May 16, 2008

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**GRACIA Y VIDA ETERNA**

Moisés es un hombre como nosotros, ¿acaso no hemos tratado también con cabezas duras? De hecho, ¿acaso no hemos sido nosotros mismos los cabezas duras? Quejumbrosos... impacientes... rápidos para enojarnos.

¡Qué suerte la de Moisés y qué suerte la nuestra que Dios es precisamente lo opuesto! Y ni siquiera tenemos que adivinarlo. El Señor nos lo dice directamente. Y en concordancia, Moisés hace lo que todos necesitamos hacer. Pese a tener las tablas en las manos, se postra y pide el perdón y la gracia de Dios.

Alentándonos a vivir juntos en paz y con el favor de Dios, el apóstol Pablo sabe de esta gracia, e invoca con alegría la gracia del amor de Dios y del Espíritu Santo sobre nosotros. “Estén alegres”, dice. Y cuando se trata de alegrarnos, Juan nos ofrece las palabras más regocijantes: la seguridad de la vida eterna en Jesús.

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**GRACE AND ETERNAL LIFE**

Moses is a man after our own hearts, for haven’t we all dealt with more than our share of stiff-necked people?

Indeed, haven’t we all gotten a little stiff-necked ourselves at times? Complaining... impatient... quick to anger. How lucky for Moses—how lucky for all of us—that God is exactly the opposite! And we don’t even have to guess about it. The Lord tells us so directly. Accordingly, Moses does what we all need to do. Even with the tablets in hand, he bows down and asks for God’s forgiveness and grace.

Encouraging us to live together in peace—and in God’s favor—the Apostle Paul knows all about this grace, joyfully invoking Christ’s grace on us along with God’s love and the Holy Spirit’s. “Rejoice,” he says. And when it comes to rejoicing, John offers us the gladdest words of all: the assurance of eternal life through Jesus.

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