

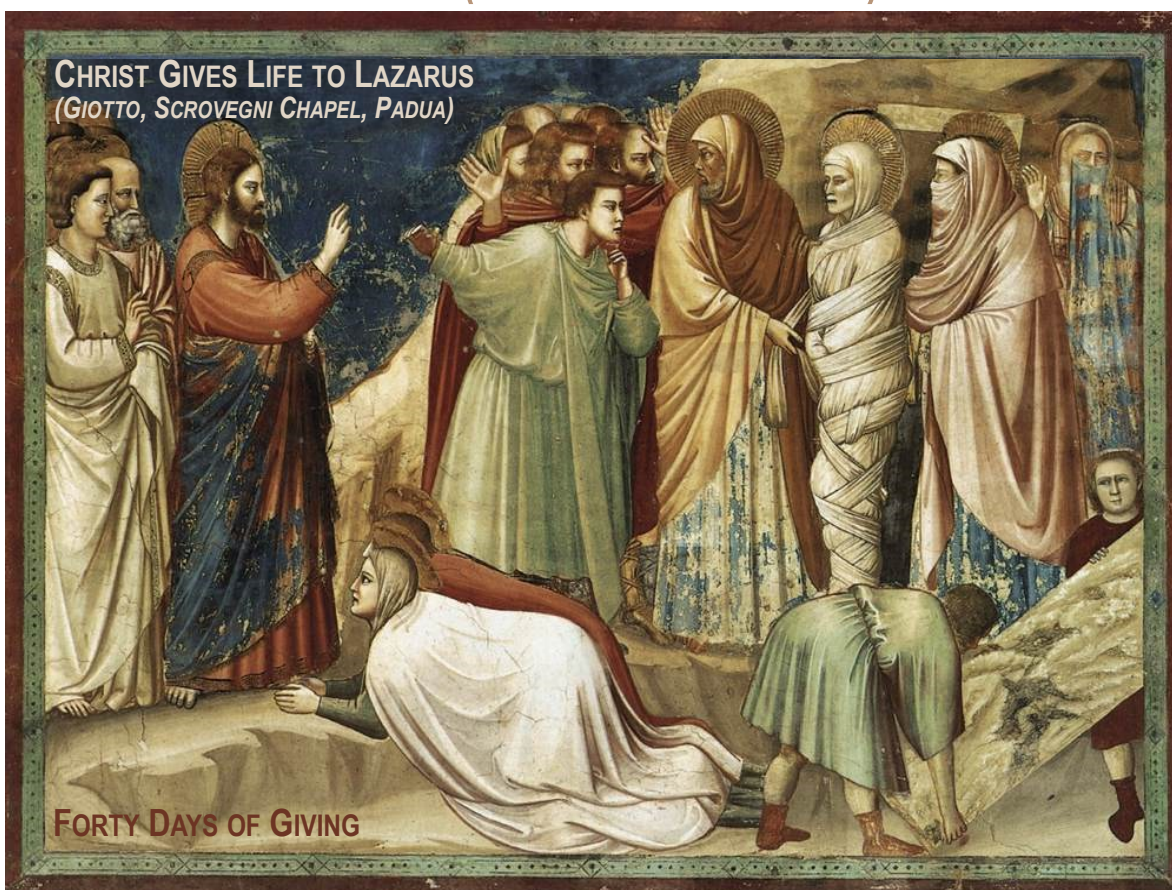
# CATHEDRAL OF SAINT MARY OF THE ASSUMPTION

1111 Gough St, San Francisco, CA 94109 - Tel: (415) 567-2020 FAX: (415) 567-2040 - [www.smcsf.org](http://www.smcsf.org)

**MOST REVEREND SALVATORE J. CORDILEONE**  
Archbishop of San Francisco

**VERY REVEREND KEVIN KENNEDY**  
Pastor and Rector

## FOURTH SUNDAY OF LENT (LAETARE SUNDAY) 10 MARCH, 2024



## SACRAMENTS AT THE CATHEDRAL

### MASS SCHEDULE

**MONDAY - FRIDAY, 7:30 AM; 12:10 PM**

**SATURDAY, 8:00 AM; 5:30 PM**

**SUNDAY, 7:30AM; 9AM; 11AM; 1PM (ESPAÑOL)**

**FIRST WEDS (TRADITIONAL LATIN MASS), 3:00 PM**

**12:10 AND 11AM MASSES LIVESTREAMED TO:**

[youtube.com/CathedralofStMaryoftheAssumption](https://youtube.com/CathedralofStMaryoftheAssumption)

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### CONFESSION SCHEDULE

✘ (Daily) Mon-Fri, 11:30 to 12:00 Noon

✘ (Weekly) Saturdays, 4:00 to 5:00 pm

### BAPTISM

**INFANTS** English Preparation: First Saturdays at 10:00 am

English Baptisms: Second Sundays at 2:15 pm

Consult our Web Page: [www.smcsf.org/parish/baptisms](http://www.smcsf.org/parish/baptisms)

**BAUTIZO EN ESPAÑOL:** Primer Domingo del Mes, 2:15 pm

Informes con Sofía Aguilar (510) 894-4373

**RCIA FOR ADULTS OR SCHOOL-AGE CHILDREN:**

Contact Cathedral Office (415) 567-2020

### FIRST COMMUNION

Cathedral Parishioners, contact our Office (415) 567-2020 x 200

**Primera Comunión en Español:**

Informes con Rosario Morales (415) 988-5884  
o Maria Sandoval (415) 867-5676

### CONFIRMATION

Cathedral Parishioners, call Office (415) 567-2020x200

Adult Candidates, contact Dcn. Sandoval (415) 567-2020x203

Para Niños: informes con Rosario Morales (415) 988-5884

Adultos; informes con Diácono Juan Michel (415) 567-2020x210

### MARRIAGE

Please contact Mimi Ruiz (415) 567-2020x254

Español, informes con Diácono Juan Michel (415) 567-2020x210

### ANOIDING OF THE SICK

(Within our Parish), please call office for a priest (415) 567-2020

## OTHER MINISTRIES AND OFFERINGS

### MINISTRY TO THE SICK AND HOMEBOUND

Contact Deacon R. Christoph Sandoval (415) 567-2020x203

### FUNERALS

Call Mimi Ruiz for Funerals/Memorials (415) 567-2020x254

### BEREAVEMENT

Contact Deacon R. Christoph Sandoval (415) 567-2020x203

### EXPOSITION OF THE BLESSED SACRAMENT

First Fridays: 8:30 am - 5:00 pm

### MUSICAL MEDITATIONS

Sundays at 4:00pm (415) 567-2020x213

### GIFT SHOP

Books, Bibles, and Religious Articles (415) 567-4040



Welcome! With heartfelt gratitude, St. Mary's thanks you for visiting this iconic Cathedral. Please consider making a donation of any size to help maintain our monumental worship space. Thank you for your support.

CATHEDRAL OF ST. MARY OF THE ASSUMPTION

Phone: (415) 567-2020 Web: www.smcsf.org

PASTORAL STAFF AND CLERGY

- Very Rev. Kevin Kennedy, Pastor and Rector ext. 209
Rev. Jerald Geronimo, Parochial Vicar ext. 208
Rev. Patrick Summerhays, in Residence (No Ext.)
Rev. Gregory Heidenblut, OSA, in Residence (No Ext.)
Rev. Mr. R. Christoph Sandoval, Deacon; Pastoral Minister, Spiritual Care Support Ministries ext. 203
Rdo Sr. Juan Michel, Diácono, Hispanic Ministry ext. 210

CATHEDRAL LITURGY

- Sacristans: David Panduro, Brian Alves, David Lopez ext. 212
Cathedral Welcome Desk: Isabel Aguirre
Wedding/Anniversary/Quinceañera: Mimi Ruiz ext. 254

RITE OF CHRISTIAN INITIATION (RCIA)

- Confirmation Preparation for Adults/Preparación por las Confirmaciones para Adultos:
English: Deacon R. Christoph Sandoval ext.203
en Español: Diácono Juan Michel ext.210

CATHEDRAL MUSIC

- Director of Music: Christoph Tietze ext.213
Music Office Assistant: Jin Kyung Lim ext.233
Cantors: Alexa Lopez, Mimi Ruiz

OFFICE AND ADMINISTRATION

OFFICE HOURS: MONDAY-FRIDAY, 8:30-5:00

- Business Manager: Mark Silva ext.202
Development Department: Jolie Velazquez ext.228
Receptionist/Bulletin Publisher: Michael McKeon ext.200
Secretary, Payroll & Benefits: Janet Carrillo ext.215

CATHEDRAL EVENT CENTER

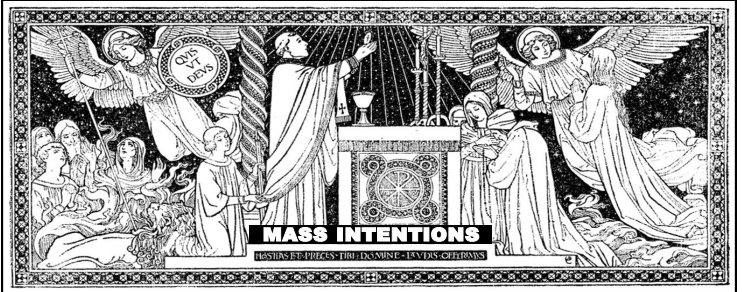
- Director: Diane Luporini ext.201
Staff: Brent Hendrick ext.221

FACILITIES

- Facilities Manager: Jeff McReynolds ext.230
Security Manager: Robin Roberson ext.222

GIFT SHOP

- Manager: Maria Elena De Leon Tel. (415) 567-4040



Mass intentions are \$10, offered in person only, in our Office. Dates subject to availability.

Saturday Mar 9 (See Readings for SUNDAY)

5:30 pm Intentions (Thanksgiving) of Mary May Beltran

Sun Mar 10 - 2 Chr 36:14-16, 19-23/Eph 2:4-10/Jn 3:14-21

- 7:30 am + Tony Romero
9:00 am + Macaria and Jose P. Reyes
11:00 am For the Parishioners of St. Mary's Cathedral
1:00 pm + Jose Manuel Guatemala (Death Anniversary)

Mon, Mar 11 - Is 65:17-21/Jn 4:43-54

- 7:30 am + Anna Do
12:10 pm Intentions (Health) of Imelda Caluza

Tues Mar 12 - Ez 47:1-9, 12/Jn 5:1-16

- 7:30 am + Eddie Fleming
12:10 pm Intentions (Health) of Concepcion Nones

Weds Mar 13 - Is 49:8-15/Jn 5:17-30

- 7:30 am + Arnoldo Fernandez
12:10 pm + Tony Kwok Toi Sun; Daniel Yan Ho Sung; and Petrus Yan Wai Sung

Thu Mar 14 - Ex 32:7-14/Jn 5:31-47

- 7:30 am + Holy Souls in Purgatory
12:10 pm Intentions (Health) of Esmeria Llarenas

Fri Mar 15 - Wis 2:1a, 12-22/Jn 7:1-2, 10, 25-30

- 7:30 am Intentions (Health) of Arnoldo Fernandez
12:10 pm + Msgr. John J. O'Connor

Sat Mar 16 - Jer 11:18-20/Jn 7:40-53

- 8:00 am Intentions (Health) of Matthew Leum

MARCH 17 - FIFTH SUNDAY OF LENT

Jer 31:31-34/Heb 5:7-9/Jn 12:20-33

GIFT SHOP/TIENDA DE REGALOS

Tues-Fri/Martes-Viernes: 8:30 - 12; 1 - 4:30

Saturday/Sábado: 9 - 12; 1 - 5:30 Sunday/Domingo: 9 - 3:00

CLOSED Monday/CERRADO Lunes; tel. (415) 567-4040

OFFICE HOURS/HORARIO DE OFICINA

Monday to Friday = 8:30-12:00; 1:00-5:00 = Lunes a Viernes

CLOSED = Saturday/Sunday Sábado/Domingo = CERRADO

Please turn off your mobile devices during Mass.

**INTROIT HYMN**

Antiphon: Re - joice, Je - ru - sa - lem! and come, All  
Verses: Je - ru - sa - lem: with what great joy I  
Je - ru - sa - lem: a ci - ty built To  
Je - ru - sa - lem: with - in your walls The

you who love her glo - rious face. Re -  
heard them say, "Let us go there!" And  
be a place of u - ni - ty; The  
thrones of just - ice serve God's will; The

joice, di - stressed and mourn - ful souls, And  
now at last we take our stand With -  
tribes go up, the tribes of God, To  
an - cient thrones of Da - vid's house Stand

be con - soled by her em - brace.  
in her gates to make our prayer.  
praise his name e - ter - nal - ly.  
and u - nite God's peo - ple still.

Jerusalem: pray for her peace: Doxology:  
"May all who love you find success; All glory to the Father, Son,  
Peace be to all within your walls, And to the Holy Spirit be;  
And in your towers quietness." As from the first it was, is now,  
And will be for eternity.

Antiphon:  
Rejoice, Jerusalem! and come,  
All you who love her glorious face.  
Rejoice, distressed and mournful souls,  
And be consoled by her embrace.

Introit for the 4th Sunday of Lent. Antiphon: Is 66:10, 11, Christoph Tietze;  
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lic. AL0215011. Verses: Psalm 122, New Metrical Psalter alt;  
Doxology: New Metrical Psalter. Copyright (c) 1986 Christopher Webber.  
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**COLLECTIONS**

*There will be two collections today. The first is for the programs and services of the Cathedral and the upkeep of this wonderful sacred space. Since we are a small parish, we do need and depend on the generous support of our visitors. An appropriate offering might be the price of a meal, a tour, a theatre ticket.*

*The second collection is for Catholic Relief Services (USCCB) and will be taken up after Holy Communion.*

**INTROIT** (9:00 and 11:00 am only)  
"Laetare, Jerusalem"

Rejoice, O Jerusalem,  
and gather round all you  
who love her. Rejoice in  
gladness after having  
been in sorrow. Exult  
and be replenished with  
the consolation flowing  
from her motherly bos-  
om. Ps. I rejoiced when it  
was said unto me, "Let  
us go to the house of the  
Lord."

*(Rejoice, O Jerusalem;  
and gather round, all  
you who love her; re-  
joice in gladness, after  
having been in sorrow.  
Exult and be replenished  
with the consolation  
from her motherly bos-  
om. Ps. I rejoiced when  
it was said unto me: "Let  
us go to the house of the  
Lord." Is 66:10-11, Ps  
121)*

**PENITENTIAL ACT—FORM A**

I confess to almighty God  
and to you, my brothers and sisters,  
that I have greatly sinned,  
in my thoughts and in my words,  
in what I have done and in what I have failed to do,  
through my fault, through my fault,  
through my most grievous fault;  
therefore I ask blessed Mary ever-Virgin,  
all the Angels and Saints,  
and you, my brothers and sisters,  
to pray for me to the Lord our God.

**PENITENTIAL ACT—FORM B**

Priest: Have mercy on us, O Lord.  
People: For we have sinned against you.  
Priest: Show us, O Lord, your mercy.  
People: And grant us your salvation.

**KYRIE**

Ky - ri - e, e - le-i-son.  
Chris - te, e - le-i-son.  
Ky - ri - e, e - le-i-son.

11:00 Missa quarti toni T.L. de Victoria

**FIRST READING**

2 Chr 36:14-16, 19-23

PSALM

Psalm 137



Let my tongue be si - lenced if I ev-er-for-get you!

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SECOND READING

Ephesians 2:4-10

GOSPEL ACCLAMATION

Orbis factor



Praise and hon-or to you, O Lord Je-sus Christ.

GOSPEL

John 3:14-21

PROFESSION OF FAITH

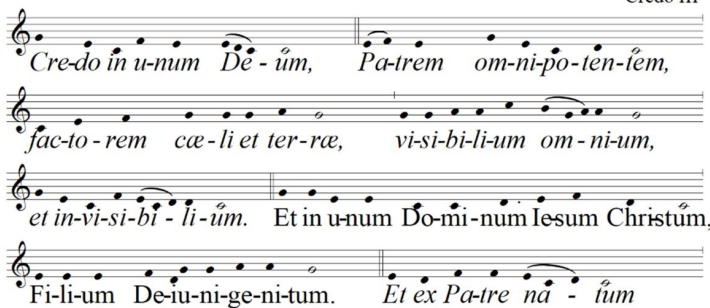
I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven, (bow) and by the Holy Spirit was incarnate of the Virgin Mary, and became man. For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic and apostolic Church. I confess one baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

9:00 am and 11:00 am

Credo III



OFFERTORY

9:00 am Offertory "Laudate Dominum"

Laudate Dominum, quia benignus est: psallite nomini eius, quoniam suavis est: omnia quaecumque voluit fecit in caelo et in terra.

*Praise the Lord, for he is loving; sing in honor of his name, for he is gracious. He has accomplished whatever he resolved to do in heaven and on earth.*

11:00 am Christoph Demantius  
 "Ich bin ein guter Hirte"

Ich bin ein guter Hirte und  
 erkenn die Meinen und bin  
 bekannt den Meinen, wie  
 mich mein Vater kennet,  
 und ich kenne den Vater,  
 und ich lasse mein Leben  
 fuer die Schafe.

*I am a gentle Shepherd  
 and know mine, and  
 mine known me, as also  
 the Father knows me  
 and I know the Father,  
 and I will lay down my  
 life for the sheep.*

**SANCTUS**

Mass XVIII

Sanc-tus, sanc-tus, sanc-tus Do-mi-nus De-us Sa-ba-oth.  
 Ple-ni sunt cae-li et ter-ra glo-ri-a tu-a.  
 Ho-san-na in ex-cel-sis. Be-ne-dic-tus qui ve-nit in  
 no-mi-ne Do-mi-ni. Ho-san-na in ex-cel-sis.

**MEMORIAL ACCLAMATION**

When we eat this Bread and drink this Cup,  
 we pro-claim your Death, O Lord,  
 un-til you come— a-gain.

**AGNUS DEI**

Mass XVIII

Ag-nus De-i, qui tol-lis pec-ca-ta mun-di:  
 mi-se-re-re no-bis.  
 mi-se-re-re no-bis.  
 do-na no-bis pa-cem.

11:00 am Missa quarti toni T.L. de Victoria

**COMMUNION**

"Eat This Bread"  
 Jacques Berthier

Eat this bread, drink this cup,  
 come to me and nev-er be hung-ry. Eat this bread,  
 drink this cup, trust in me, and you will not thirst.

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9:00/11:00 am Communion "Jerusalem, quae  
 aedificatur"

Jerusalem, qua aedificatur  
 ut civitas, cuius participa-  
 tion eius in idipsum: illuc  
 enim ascenderunt tribus,  
 tribus Domini, ad con-  
 fitendum nomini tuo,  
 Domine.

*Jerusalem, built as a city  
 whose parts are bound  
 firmly together! It is there  
 that the tribes go up, the  
 tribes of the Lord, to give  
 thanks unto your name, O  
 Lord.*

11:00 am "Deep River" Gerre Hancock

**RECESSIONAL**

Our Fa-ther, we have wardered And hid-den from your  
 And now at length dis-cern-ing The e-vil that we  
 O Lord of all the liv-ing, Both ban-ished and re-  
 face, In fool-ish-ness have squandered Your  
 do, Be-hold us, Lord, re-turn-ing With  
 stored, Com-pas-sio-nate, for-giv-ing, And  
 le-ga-cy of grace. But now, in ex-ile  
 hope and trust to you. In haste you come to  
 ev-er car-ing Lord, Grant now that our trans-  
 dwell-ing, We rise with fear and shame, As  
 meet us, And home re-joic-ing bring, In  
 gress-ing, Our faith-less-ness may cease. Stretch  
 dis-tant but com-pell-ing, We hear you call our name.  
 glad-ness there to greet us With calf and robe and ring.  
 out your hand in bless-ing, In par-don, and in peace.

## Misa en Español

**ENTRADA***“Espero en Ti, Señor” Santiago Fernández*

ESPERO EN TI, SENOR,  
MI ALMA CONFIA EN TU PALABRA.  
COMO EL CENTINELA A LA AURORA,  
MI ALMA TE ESPERA, SENOR.

1. Desde el abismo clamo a ti, Señor,  
Escucha mi clamor.  
Estén atentos tus oídos, mi Dios,  
A la suplica de mi voz.

2. Desde el abismo clamo a ti, Señor,  
Escucha mi clamor.  
Ten misericordia de mi, Señor,  
Libérame con tu perdón.

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**INTROIT “Laetare Ierusalem”**

*(Alégrate, oh Jerusalén; y reúnete en torno a ti, todos los que la amáis; gozaos en la alegría, después de haber estado en el dolor. Exultad y regocijaos con el consuelo de su seno materno. Sal. Me regocijé cuando me fue dicho: “Vayamos a la casa del Señor.” Is 66,10-11, Sal 121)*

**KYRIE**

Ky - ri - e, e - le-i-son.  
Chris - te, e - le-ison.  
Ky - ri - e, e - le-i-son.

**PRIMERA LECTURA** 2 Chr 36:14-16, 19-23

**SALMO** Salmo 137  
*Te recuerdo, Señor, es mi alegría.*

**SEGUNDA LECTURA** Eph 2:4-10

**ACLAMACION**  
*Alabanza a ti, oh Cristo, Rey de eterna gloria.*

**EVANGELIO**

Juan 3:14-21

**PROFESION DE FE**

*Creo en un solo Dios, Padre todopoderoso, Creador del cielo y de la tierra, de todo lo visible y lo invisible.*

*Creo en un solo Señor, Jesucristo, Hijo único de Dios, nacido del Padre antes de todos los siglos:*

*Dios de Dios, Luz de Luz, Dios verdadero de Dios verdadero, engendrado, no creado, de la misma naturaleza del Padre, por quien todo fue hecho; que por nosotros, los hombres, y por nuestra salvación bajó del cielo, y por obra del Espíritu Santo se encarnó de María, la Virgen, y se hizo hombre; y por nuestra causa fue crucificado en tiempos de Poncio Pilato; padeció y fue sepultado, y resucitó al tercer día, según las Escrituras, y subió al cielo, y está sentado a la derecha del Padre; y de nuevo vendrá con gloria para juzgar a vivos y muertos, y su reino no tendrá fin.*

*Creo en el Espíritu Santo, Señor y dador de vida, que procede del Padre y del Hijo, que con el Padre y el Hijo recibe una misma adoración y gloria, y que habló por los profetas.*

*Creo en la Iglesia, que es una, santa, católica y apostólica.*

*Confieso que hay un solo bautismo para del perdón de los pecados.*

*Espero la resurrección de los muertos y la vida del mundo futuro.*

*Amén.*

**OFERTORIO** Giovanni Pierluigi da Palestrina  
“Super flumina Babylonis”

*Junto a las aguas de Babilonia, allí nos sentábamos y llorábamos, cuando nos acordábamos de Sión. En los sauces que había en medio de ellos colgamos nuestras arpas.*

**SANCTUS**

Misal Romano

San-to, San-to, San-to es el Se-ñor, Dios del

u - ni - ver - so. Lle - nos es - tán el cie - lo y  
la tie - rra de tu glo - ria.  
Ho - san - na en el cie - lo.  
Ben - dí - to el que vie - ne en nom - bre del Se - ñor. —  
Ho - san - na en el cie - lo. —

**ACLAMACION**

A - nun - cia - mos tu muer - te,  
pro - cla - ma - mos tu re - sur - rec - cion.  
Ven, Se - ñor — Je - sus!

**CORDERO DE DIOS**

Misal Romano

Cor - de - ro de Dios, — que qui - tas el pec - ca - do del  
1.2.  
mun - do: ten pie - dad de no - so -  
3.  
tros. da - nos la paz. —

**COMUNION****Antifona** “Ierusalem, quæ ædificatur”

¡Jerusalén, construida como una ciudad cuyas partes están firmemente unidas! Allí suben las tribus, las tribus del Señor, para dar gracias a tu nombre, oh Señor.

“Perdónanos Nuestras Culpas” Joaquín Madurga  
PERDONANOS NUESTRA CULPAS.  
SEÑOR, PERDIMOS PERDON.  
ASI TAMBIEN AL HERMANO  
LE DAMOS NUESTRO PERDON.

1. Dijiste, Señor, que nuestro Padre  
Perdona nuestras deudas con amor  
Si damos nosotros al hermano  
La mano, otorgándole el perdón.  
Ahora, Señor, perdón pedimos;  
Sabemos de tu grande compasión,  
Y danos a quien nos ha ofendido  
La mano otorgándole el perdón.

2. Dijiste, Señor, que al más pequeño  
Tratemos sabiendo que eres tú.  
Que el pobre, el desnudo y el hambriento  
Son seres en los que vives tu.  
Sabemos, Señor, que te ofendimos  
Negándole al hermano nuestro amor;  
Por eso, Señor, perdón pedimos:  
Queremos un nuevo corazón.

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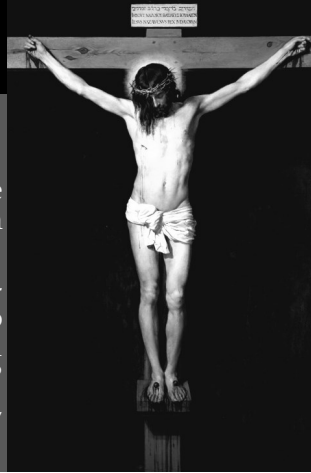
**SALIDA***“Escúchanos, Señor”*

ESCUCHANOS, SEÑOR, Y TEN CLEMENCIA,  
QUE CONTRA TI HEMOS PECADO.

1. A ti, Rey Sumo, Redentor de todos,  
y levantamos nuestro rostro en llanto:  
Oyenos, Cristo! que a ti suplicamos.
2. Del Padre diestra, piedra y fundamento,  
vía segura, puerta de los cielos,  
limpia la mancha del delito nuestro.
3. Señor, rogamos los pecados hechos,  
que oigas benigno los gemidos nuestros,  
y los pecados tu clemencia ignore.
4. Te confesamos los pecados hechos,  
y arrepentidos de lo oculto estamos;  
Oh Jesucristo! tu piedad los borre.
5. Tu, que inocente preso estar quisiste.  
Falsos testigos manso soportaste.  
Tus redimidos, Oh Jesús, conserva.

## VIA CRUCIS EN ESPAÑOL

Los Viernes hasta el 22 Marzo  
*Español:* 7pm, con Cena de Sopa después  
 Mientras sigues las huellas de la pasión de Cristo, puede que te preguntes: "¿Quién soy yo?".  
 ¿Soy como Cristo, perdonando a mis verdugos? ¿Soy Simón de Cirene, llevando parte de su carga? ¿Soy el pecador cuya alma pesa sobre los hombros de Cristo? Descubre el Vía Crucis como oración, devoción, o preparación para la Confesión.



## STATIONS OF THE CROSS

Fridays during Lent  
*English:* Immediately after the 12:10 Mass  
 As you follow the footsteps of Christ's passion, you may wonder, "Who am I?"  
 Am I like Christ, forgiving my tormentors? Am I Simon of Cyrene, bearing part of His burden? Am I the sinner whose soul weighs upon the shoulders of Christ?  
 Discover the Way of the Cross as a prayer, a devotion, a preparation for Confession.

## LOS TRES PILARES DE LA CUARESMA

## THE THREE PILLARS OF LENT

**AYUNO y ABSTINENCIA:** Todos de catorce años o más están obligados a abstenerse de comer carne el MIÉRCOLES DE CENIZA, los VIERNES de Cuaresma y VIERNES SANTO.

Todos de dieciocho años de edad o mayor, pero menores de sesenta años también están obligados a guardar ayuno el MIÉRCOLES DE CENIZA y VIERNES SANTO.

En estos dos días, la ley de guardar ayuno solo permite una comida completa al día, pero no prohíbe tomar alimentos durante el día, siempre que estos alimentos no constituya otra comida completa. Se permite beber líquidos durante el día.

Cuando la salud o la capacidad para trabajar sería afectada seriamente, la ley no obliga. En caso de duda sobre el ayuno o la abstinencia, se debe consultar un sacerdote asignado al ministerio pastoral o confesor. En el espíritu de penitencia, los fieles no deben excusarse a la ligera de esta obligación.

También se nos invita a ofrecer sacrificios voluntarios de ayuno y abstinencia para unirnos en cuerpo y espíritu a los sufrimientos de los hambrientos, y al hambre de Cristo en el desierto.

**ORACIÓN:** La oración regular y frecuente fortalece nuestra relación con el Señor y ayuda a unificar nuestra voluntad con la Suya. Considera rezar el Oficio Divino, pasar tiempo ante el Santísimo Sacramento, asistir a Misa, rezar el Vía Crucis o recitar el Rosario a diario.

**LIMOSNA:** Toda la vida del santo ministerio de Cristo, del pesebre a la cruz, fue sostenida por los dones de toda la creación de Dios, y en particular por la generosidad de los fieles. Jesús, que nunca pidió ningún apoyo, recibió todo lo necesario para vivir su ministerio de nuestra redención. Cuando Cristo mismo dio, fueron dones de alimento a los hambrientos, de curación a los enfermos, de vista a los ciegos y de vida a los muertos.

Se nos pide que imitemos a Cristo en nuestra ayuda a los necesitados, o que apoyemos las obras de la Iglesia, como los discípulos apoyaron las de Nuestro Señor.

**FAST & ABSTINENCE:** Everyone fourteen years of age and older is bound to abstain from meat on ASH WEDNESDAY, the FRIDAYS of Lent and GOOD FRIDAY.

Everyone eighteen years of age and older but under the age of sixty is also bound to fast on ASH WEDNESDAY and GOOD FRIDAY.

On these two days, the law of fast allows only one full meal a day, but does not prohibit taking some food during the day, so long as this does not constitute another full meal. Drinking liquids during the day is permitted.

When health or ability to work would be seriously affected, the rule does not oblige. In doubt concerning fast or abstinence, a priest assigned to pastoral ministry or confessor should be consulted. In the spirit of penance, the faithful should not lightly excuse themselves from this obligation.

We are also invited to offer *voluntary* sacrifices of fasting and abstinence to align ourselves in body and spirit to the sufferings of the hungry, to Christ's hunger in the desert.

**PRAYER:** Regular, frequent prayer strengthens our relationship with the Lord, and helps to unify our will to His. Consider praying the Divine Office, spend time before the Blessed Sacrament, attend Mass, pray the Stations of the Cross, or recite the Rosary on a daily basis.

**ALMSGIVING:** Christ's entire life of holy ministry, from the womb to the tomb, was supported by the gifts of all God's creation, and in particular through the generosity of the faithful. Jesus, who never asked for any support, was given everything He needed to live his ministry of our redemption. When Christ Himself gave, they were gifts of food to the hungry, healing to the sick, sight to the blind, and life to the dead. We are asked to imitate Christ in our assistance to the needy, or to support the works of the Church, as the disciples supported those of Our Lord.



**CHRISM/HOLY WEEK/EASTER**

**CHRISM MASS**, Thursday, March 21  
**5:00pm** Archbishop Cordileone, celebrant

**PALM SUNDAY**, March 23-24  
**5:30pm** (Saturday) Vigil Mass,  
**7:30am; 9:00am; 11:00am** (Archbishop Cordileone);  
**1:00pm** (*Español*)

**HOLY THURSDAY**, March 28  
*(No Confessions and No 7:30am or 12:10pm Masses)*  
**7:30pm** Mass of the Lord's Supper (Archbishop Cordileone)  
 followed by Adoration until **10:15pm**, St. Francis Hall

**GOOD FRIDAY**, March 29  
*(No 7:30am or 12:10pm Masses)*  
**11:30am - 12:30pm** Confessions in the Cathedral  
**1:00pm** Bilingual Stations of the Cross; Spanish & English  
**1:00pm** Viacrucis Bilingue en Inglés y Español  
**2:00pm - 3:00pm** Choir Music in the Cathedral  
**3:00 pm** Liturgy of the Passion of the Lord with  
 Archbishop Cordileone

**HOLY SATURDAY**, March 30  
*(No Confessions; No 8:00am or 5:30pm Masses)*  
**9:00pm** Easter Vigil Mass (Archbishop Cordileone)

**EASTER SUNDAY**, March 31  
**7:30am; 9:00am; & 11:00am** (*English*); **1:00pm** (*Español*)

**CALENDAR OF EVENTS**

**STATIONS OF THE CROSS/VIACRUCIS**  
**Fri, 15 Mar, 1pm** (*English*) **7pm** (*Español, Sopa después*)

**"THROUGH DARKNESS INTO NEW LIGHT"**  
*Free Grief Support Group*  
**Fri, 15 March, 10<sup>30</sup>-Noon** Msgr. Bowe Room

**PUERI CANTORES MASS**  
**Sat, 16 Mar, 5<sup>30</sup>pm** Very Rev. Kevin Kennedy, celebrant

**STATIONS OF THE CROSS/VIACRUCIS**  
**Fri, 22 Mar, 1pm** (*English*) **7pm** (*Última Noche*)

**RETIRO DE CUARESMA con REPRESENTACIÓN DE LA PASIÓN**  
**Sáb, 23 Mar, 8-3** Registrarse después de Misa

**EASTER MONDAY HOLIDAY**  
**1 Apr,** ONE mass Only, **8am** (*Cathedral open until 4pm*)

**TRADITIONAL LATIN MASS**  
**1<sup>st</sup> Weds, 3 Apr, 3pm** Fr. Cameron Pollette, celebrant

**ADORATION OF THE BLESSED SACRAMENT**  
**1<sup>st</sup> Friday, 5 Apr, 8am - 5pm**, Blessed Sacrament Shrine  
*Concludes with Holy Hour for Vocations: 4pm-5pm*

**SUNDAY CONCERT**

**Livestreamed at:**  
[www.youtube.com/CathedralofStMaryoftheAssumption](http://www.youtube.com/CathedralofStMaryoftheAssumption)

Sunday, March 10, 2024, 4:00pm

Christoph Tietze, Organ,  
 Works by Sigfrid Karg-Elert

*Updates: Dr. Christoph Tietze (415) 567-2020, ext 213*

**UPCOMING CONCERTS**

**Mar 17, 4:00 pm:** Ben Bachmann, Organ.

**Mar 24, 4:00 pm:** Heegeun Song, Violin, with Jin Kyung Lim, Piano.

**Mar 31, 4:00 pm:** Michal Szostak (Poland), Organ.

**Apr 7, 4:00 pm:** Friedrich Edelmann, Bassoon, Rebecca Rust, Cello, and Dmitriy Cogan, Piano.

**Apr 14, 4:00 pm:** Verve Trio with Chia-Lin Yang, Piano.

**Apr 21, 4:00 pm:** NO RECITAL

**Apr 28, 4:00 pm:** Octavio Mujica and Carlo Maynez, Cello Duo.

**PRAYER LIST/ORACIONES**

Join us in prayer for our parishioners and their loved ones.  
 Unimos en oración por nuestros miembros y queridos.

**Intenciones • Intentions**

Ida & Michelle Antonucci	Marta Melendez
Michelle Barragan	Allan Mosqueda
Julie Brody	Jesse Pagan
Carine Cargo	Efren Ponce
Mélida Della Maggiora	Milagros Rebullidas
Michaele Herbert	Jessie Sandoval
Matthew Leum	Lori Sibley
Teague Mayfield	Dino Smith

**Deceased • Difuntos**

✱ Duane Abrams	✱ Richard Darnell Holder
✱ Marianne Almajose	✱ Aurora Mallari
✱ Joaquin Alvarez III	✱ Aida Martin Baeza
✱ Rafieh Ashtari	✱ Lourdes Catig Poblete
✱ Armando Bernardo	✱ Jack Sibley
✱ Teresita Cui Calixto	✱ Judy Stage
✱ Arnoldo Fernandez	✱ Dr. Raquel Nieves Ulma
✱ Maria Gonzales	✱ John Zinner

...we prayer together as one Family in Christ.  
 ...rezamos juntos como una familia en Cristo.

## CATHOLIC RELIEF SERVICES

Second Collection, March 9-10

Catholic Relief Services Collection. Your support for this collection aids victims of persecution and natural disasters, provides legal services to poor immigrants, and advocates for the powerless. Through your generosity, six Catholic agencies reveal Christ's love to the vulnerable refugee, the immigrant family, and those who are poor and marginalized.

Please consider a contribution to The Catholic Relief Services Collection.

## SERVICIOS DE SOCORRO CATÓLICOS

Segunda Colecta, 9-10 de Marzo

Colecta de Servicios de Socorro Católicos. El apoyo de ustedes a esta colecta ayuda a las víctimas de persecución y desastres naturales, proporciona servicios legales a los inmigrantes de bajos recursos y aboga por las personas indefensas. Gracias a su generosidad, seis agencias revelan el amor de Cristo al refugiado vulnerable, a la familia inmigrante y a los pobres y marginados.

Por favor, consideren contribuir a la colecta de Servicios de Socorro Católicos.

## SVdP EGGSTRAVAGANZA



Help SVdP Spread Easter Joy!

Take an egg from the baskets outside the Gift Shop, and return with the requested gift any time by Palm Sunday March 24th.

*Bring gift(s) to the Gift Shop or Cathedral Office*

## GIFT SHOP HIRING P/T CLERK

Pick Up Application in the Gift Shop

We're offering a part-Time position, Sundays only. This is a great way to pick up some extra weekend pay to help with expenses.

Retail experience, and some basic knowledge of the Catholic Faith is helpful. Some on-site training.

*Apply in person at Gift Shop.*

## SECOND COLLECTIONS SEGUNDAS COLECTAS QUE VIENEN

- 17 Mar - Art and Environment/ Arte y Ambiente
- 24 Mar - Palm Sunday, St. Vincent de Paul
- 24 Mar - Domingo de Ramos, S. Vicente de Paúl
- 28 Mar - Holy Thursday, Collection for the Poor
- 28 Mar - Jueves Santo, Colecta para los Pobres
- 29 Mar - Good Friday, for the Holy Land
- 29 Mar - Viernes Santo, para la Tierra Santa

## COLLECTIONS/COLECTAS

2023 - 2024 FISCAL YEAR/AÑO FISCAL 2023 - 2024:

<b><u>Collection/Colecta 24-25 Feb:</u></b>	<b>\$ 6,071</b>
<b><u>Subtotal:</u></b>	<b>\$174,888</b>
<b><u>Collection/Colecta 3-4 Mar:</u></b>	<b>\$ 3,613</b>
<b><u>New Total/Nuevo Total:</u></b>	<b>\$178,501</b>
<b>72% of Goal/de Meta</b>	<b>\$248,654</b>

## ART AND ENVIRONMENT

Second Collection for March 16-17

As the Mother Church of the Archdiocese of San Francisco, we reflect the changing Liturgical Seasons and feast days of the Church in a special way in our use and decorations of this spacious Cathedral. This is especially true in the many sweeping changes throughout the church to reflect the liturgical transitions of Lent and Easter.

**10** Thank you for your thoughtful contribution!

## ARTE Y AMBIENTE

Segunda Colecta del 16-17 de Marzo

Como la Madre Iglesia de la Arquidiócesis de San Francisco, reflejamos las Temporadas Litúrgicas y los días festivos en modo especial con la decoración de nuestra espaciosa Catedral. Es especialmente el caso ahora, el los grandes cambios que hacemos en el altar mayor y en todo el espacio de la Catedral para mostrar las transiciones litúrgicas de la Cuaresma y la Pascua.

¡Gracias por su contribución!



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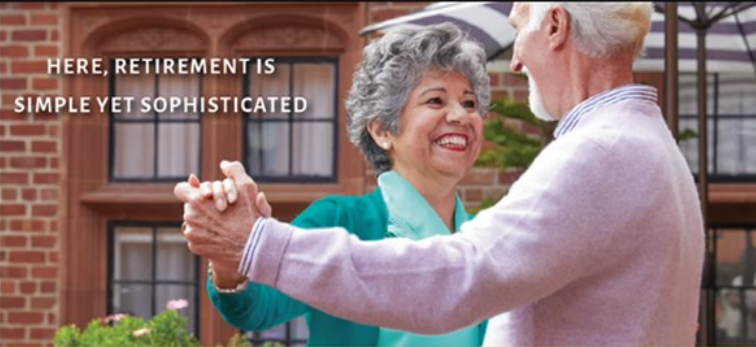
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Matthew 25:35 "For I was hungry and you gave me food..."

### VOLUNTEERS NEEDED!

The Order of Malta is seeking home cooks for this monthly service which provides meals to needy local families.

#### What You Can Do:

Choose an item from the monthly menu to prepare in your home. Volunteer drivers will pick up your food item if needed.

#### When You Can Volunteer:

Volunteer in your free time. No monthly obligation.

#### Who Can Volunteer:

Non-members of the Order are Welcome.

#### How to Get Involved:

Contact [kevinjwhite86@gmail.com](mailto:kevinjwhite86@gmail.com) to learn more and sign up.

#### Why Volunteer:

Share your love of cooking on a team that is making a difference in the community.

**Volunteers Needed!**



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