

CATHEDRAL OF SAINT MARY OF THE ASSUMPTION

1111 Gough St, San Francisco, CA 94109 - Tel: (415) 567-2020 FAX: (415) 567-2040 - www.smcsf.org

MOST REVEREND SALVATORE J. CORDILEONE
Archbishop of San Francisco

VERY REVEREND KEVIN KENNEDY
Pastor and Rector

PALM SUNDAY OF THE PASSION OF THE LORD, 24 MARCH, 2024

The Entrance of Christ in Jerusalem

by Jean-Hippolyte Flandrin, 1844
Église St-Germain-des-Prés, Paris



SACRAMENTS AT THE CATHEDRAL

MASS SCHEDULE

MONDAY - FRIDAY, 7:30 AM; 12:10 PM

SATURDAY, 8:00 AM; 5:30 PM

SUNDAY, 7:30AM; 9AM; 11AM; 1PM (ESPAÑOL)

FIRST WEDS (TRADITIONAL LATIN MASS), 3:00 PM

12:10 AND 11AM MASSES LIVESTREAMED TO:

youtube.com/CathedralofStMaryoftheAssumption

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CONFESSION SCHEDULE

✠ (Daily) Mon-Fri, 11:30 to 12:00 Noon

✠ (Weekly) Saturdays, 4:00 to 5:00 pm

BAPTISM

INFANTS English Preparation: First Saturdays at 10:00 am

English Baptisms: Second Sundays at 2:15 pm

Consult our Web Page: www.smcsf.org/parish/baptisms

BAUTIZO EN ESPAÑOL: Primer Domingo del Mes, 2:15 pm
Informes con Sofía Aguilar (510) 894-4373

RCIA FOR ADULTS OR SCHOOL-AGE CHILDREN:
Contact Cathedral Office (415) 567-2020

FIRST COMMUNION

Cathedral Parishioners, contact our Office (415) 567-2020 x 200

Primera Comunión en Español:

Informes con Rosario Morales (415) 988-5884
o Maria Sandoval (415) 867-5676

CONFIRMATION

Cathedral Parishioners, call Office (415) 567-2020x200
Adult Candidates, contact Dcn. Sandoval (415) 567-2020x203
Para Niños: informes con Rosario Morales (415) 988-5884
Adultos; informes con Diácono Juan Michel (415) 567-2020x210

MARRIAGE

Please contact Mimi Ruiz (415) 567-2020x254
Español, informes con Diácono Juan Michel (415) 567-2020x210

ANOINTING OF THE SICK

(Within our Parish), please call office for a priest (415) 567-2020

OTHER MINISTRIES AND OFFERINGS

MINISTRY TO THE SICK AND HOMEBOUND

Contact Deacon R. Christoph Sandoval (415) 567-2020x203

FUNERALS

Call Mimi Ruiz for Funerals/Memorials (415) 567-2020x254

BEREAVEMENT

Contact Deacon R. Christoph Sandoval (415) 567-2020x203

EXPOSITION OF THE BLESSED SACRAMENT

First Fridays: 8:30 am - 5:00 pm

MUSICAL MEDITATIONS

Sundays at 4:00pm (415) 567-2020x213

GIFT SHOP

Books, Bibles, and Religious Articles (415) 567-4040



Welcome! With heartfelt gratitude, St. Mary's thanks you for visiting this iconic Cathedral. Please consider making a donation of any size to help maintain our monumental worship space. Thank you for your support.

CATHEDRAL OF ST. MARY OF THE ASSUMPTION

Phone: (415) 567-2020 Web: www.smcsf.org

PASTORAL STAFF AND CLERGY

Very Rev. Kevin Kennedy, Pastor and Rector ext. 209
Rev. Jerald Geronimo, Parochial Vicar ext. 208
Rev. Patrick Summerhays, in Residence (No Ext.)
Rev. Gregory Heidenblut, OSA, in Residence (No Ext.)
Rev. Mr. R. Christoph Sandoval, Deacon; Pastoral Minister, Spiritual Care Support Ministries ext. 203
R^{do} Sr. Juan Michel, Diácono, Hispanic Ministry ext. 210

CATHEDRAL LITURGY

Sacristans: David Panduro, Brian Alves, David Lopez ext. 212
Cathedral Welcome Desk: Isabel Aguirre
Wedding/Anniversary/Quinceañera: Mimi Ruiz ext. 254

RITE OF CHRISTIAN INITIATION (RCIA)

Confirmation Preparation for Adults/Preparación por las Confirmaciones para Adultos:
English: Deacon R. Christoph Sandoval ext.203
en Español: Diácono Juan Michel ext.210

CATHEDRAL MUSIC

Director of Music: Christoph Tietze ext.213
Music Office Assistant: Jin Kyung Lim ext.233
Cantors: Alexa Lopez, Mimi Ruiz

OFFICE AND ADMINISTRATION

OFFICE HOURS: MONDAY-FRIDAY, 8:30-5:00

Business Manager: Mark Silva ext.202
Development Department: Jolie Velazquez ext.228
Receptionist/Bulletin Publisher: Michael McKeon ext.200
Secretary, Payroll & Benefits: Janet Carrillo ext.215

CATHEDRAL EVENT CENTER

Director: Diane Luporini ext.201
Staff: Brent Hendrick ext.221

FACILITIES

Facilities Manager: Jeff McReynolds ext.230
Security Manager: Robin Roberson ext.222

GIFT SHOP

Manager: Maria Elena De Leon Tel. (415) 567-4040

OFFICE HOURS/HORARIO DE OFICINA

Monday to Friday = 8:30-12:00; 1:00-5:00 = Lunes a Viernes

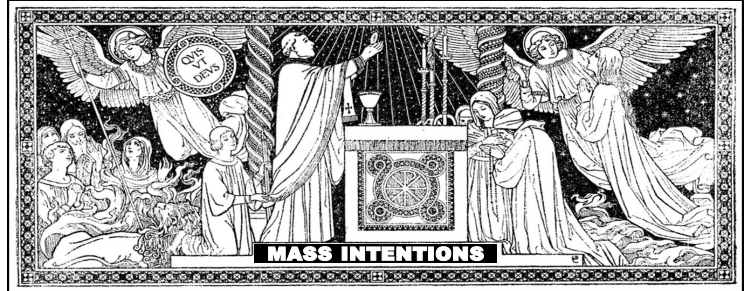
CLOSED = Saturday/Sunday Sábado/Domingo = CERRADO

GIFT SHOP/TIENDA DE REGALOS

Tues-Fri/Martes-Viernes: 8:30 - 12; 1 - 4:30

Saturday/Sábado: 9 - 12; 1 - 5:30 **Sunday/Domingo:** 9 - 3:00

2 **CLOSED Monday/CERRADO Lunes;** tel. (415) 567-4040



Mass intentions are \$10, offered in person only, in our Office. Dates subject to availability.

Saturday Mar 23 (See Readings for SUNDAY)

5:30 pm + Joshua Ruelas

Sun Mar 24 - Mk 11:1-10/Is 50:4-7/PHIL 2:6-11/Mk 14:1—15:47

7:30 am + Souls in Purgatory, especially Ray McKeon and David P. Spingola

9:00 am + Kieran Ike

11:00 am For the People of the Archdiocese of San Francisco, especially Parishioners of St. Mary's Cathedral

1:00 pm + Amanda Solis

Mon, Mar 25 - Is 42:1-7/Jn 12:1-11

7:30 am Intentions (Birthday) of Ana Maria Kirola
12:10 pm + Elvira Andrada

Tues Mar 26 - Is 49:1-6/Jn 13:21-33, 36-38

7:30 am Intentions (Health) of Ann Anthony
12:10 pm + Aristipo Caluza

Weds Mar 27 - Is 50:4-9a/Mt 26:14-25

7:30 am Intentions (Birthday) of Miya Kim
12:10 pm + Lizzette Belano

Thu Mar 28 - Ex 12:1-8, 11-14/1 Cor 11:23-26/Jn 13:1-15

MASS OF THE LORD'S SUPPER

7:30 pm For the People of the Archdiocese of San Francisco

Fri Mar 29 - Is 52:13—53:12/Heb 4:14-16; 5:7-9/Jn 18:1—19:42

LITURGY OF THE PASSION AND DEATH OF THE LORD

3:00 pm No Intentions

Saturday Apr 8 - **THE EASTER VIGIL IN THE HOLY NIGHT**

- a) Gn 1:1—2:2;
- b) Gn 22:1-18;
- c) Ex 14:15 — 15:1;
- d) Is 54:5-14;
- e) Is 55:1-11;
- f) Bar 3:9-15, 32 — 4:4;
- g) Ez 36:16-17-28;
- h) Rom 6:3-11;
- i) Mk 16:1-7

9:00 pm For the People of the Archdiocese of San Francisco

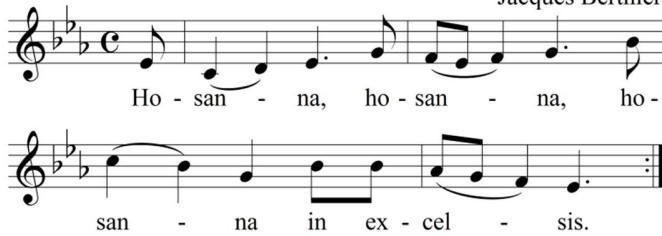
MARCH 31

EASTER SUNDAY OF THE RESURRECTION OF THE LORD

Acts 10:34a, 37-43/Col 3:1-4/Jn 20:1-9

OPENING ANTIPHON (5:30 pm)

Jacques Berthier



Ho - san - na, ho - san - na, ho -
san - na in ex - cel - sis.

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(9:00 am, and 11:00 a.m.) "Hosanna Filio David"

Hosanna filio David:
benedictus qui venit in
nomine Domini. Rex Is-
rael: Hosanna in excelsis.

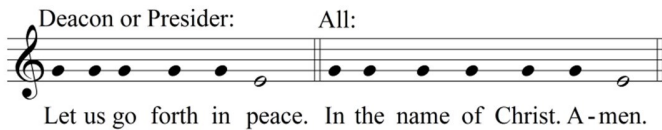
*Hosanna to the Son of David,
the king of Israel. Blessed is
he who comes in the name of
the Lord. Hosanna in the
highest.*

BLESSING OF THE PALM

GOSPEL


Mark 11:1-10

Deacon or Presider: All:



Let us go forth in peace. In the name of Christ. A-men.

PROCESSIONAL HYMN



All glo - ry, laud, and ho - nor to you, Re-dee-mer
To whom the lips of child-ren made sweet ho-san-nas

King! 1. You are the King of Is-ra-el and
ring. 2. The com-pa - ny of an - gels are
3. The peo-ple of the He-brews with
4. To you be-fore your pas - sion they
5. Their prais-es you ac - cep - ted, ac -

Da - vid's ro - yal Son, Now in the Lord's name
prais - ing you on high; And mor-tals, joined with
palms be - fore you went; Our praise and prayers with
sang their hymn of praise. To you, O high ex -
cept the prayers we bring, Great source of love and

com - ing, our King and Bless - ed One.
all things cre - a - ted, make re - ply.
an - thems be - fore you we pre - sent.
al - ted, our me - lo - dy we raise.
good - ness, our Sav - ior and our King.

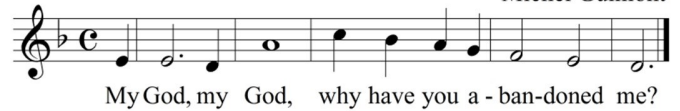
FIRST READING

Isaiah 50:4-7

PSALM

Psalm 22

Michel Guimont



My God, my God, why have you a - ban-doned me?

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SECOND READING

Philippians 2:6-11

GOSPEL ACCLAMATION

Orbis factor



Praise and hon-or to you, O Lord Je-sus Christ.

THE PASSION ACCORDING TO MARK

PROFESSION OF FAITH

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven, (*bow*) and by the Holy Spirit was incarnate of the Virgin Mary, and became man. For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic and apostolic Church. I confess one baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

CREDO 9:00 and 11:00 am

Credo III

Cre-do in u-num Dē-ūm, Pa-trem om-ni-pō-tē-tē-m,
 fac-to-rem cæ-li et ter-ræ, vi-si-bi-li-um om-ni-um,
 et in-vi-si-bi-li-ūm. Et in u-num Dō-mi-num Ie-sum Chri-stūm,
 Fi-li-um De-i u-ni-ge-ni-tum. Et ex Pa-tre nā-tūm
 ante om-ni-a sæ-cu-lā. De-um de De-o, lu-men de lu-mi-nē,
 De-um ve-rum de De-o ve-ro. Ge-ni-tum, non fac-tūm,
 con-sub-stan-ti-a-lem Pa-tri: per quem om-ni-a fac-ta sunt.
 Qui prop-ter nos ho-mi-nes, et prop-ter no-stram sa-lu-tem
 de-scen-dit de cæ-lis. Et in-car-nā-tus est de Spi-ri-tu Sancto
 ex Ma-ri-a Vir-gi-ne: Et ho-mo fac-tus est.
 Cru-ci-fi-xus e-ti-am pro no-bis: sub Pon-ti-o Pi-la-to
 pas-sus, et se-pul-tus est. Et re-sur-re-xit ter-ti-a di-e,
 se-cun-dum Scri-p-tū-ras. Et a-scen-dit in cæ-lum:
 sedet ad dex-teram Pa-tris. Et i-terum ven-tū-rus est cum glori-ā,
 iu-di-ca-re vi-vos et mor-tu-os: cu-ius re-gni non e-rit fi-nis.
 Et in Spi-ri-tum Sanc-tum, Do-mi-num, et vi-vi-fi-can-tem;
 qui ex Pa-tre Fi-li-o-que pro-ce-dit. Qui cum Pa-tre et Fi-li-o
 si-mul a-do-ra-tur, et con-glo-ri-fi-ca-tur: qui lo-cu-tus est per Pro-
 phe-tās. Et u-nam sanc-tam cæ-tho-li-cam
 et a-po-sto-li-cam Ec-cle-si-am. Con-fi-te-or u-num bap-
 tis-ma in re-mis-si-o-nem pec-ca-tō-rum.

Et ex-spec-tō re-sur-rec-ti-o-nem mor-tu-o-rum.
 Et vī-nam ven-tu-ri sæ-cu-li. A - - - - - men.

OFFERTORY

5:30 pm "Saw Ye My Savior?" Johnson
 9:00 am Offertory "Improperium"

Improperium exspec-tavit cor meum, et miseriam: et sustinui qui simul contristaretur, et non fuit: consolantem me quaesivi, et non inveni: et dederunt in escam meam fel, et in siti mea potaverunt me aceto.

My heart awaited reproach and misery; and I hoped for one that would grieve together with me, but there was none; I looked for one who would comfort me, and found no one. For food they gave me gall; in my thirst they gave me vinegar to drink. Ps 68:21-22

11:00 am "When I Survey" Gilbert Martin

SANCTUS

Mass XVIII

Sanctus, sanc-tus, sanc-tus Do-mi-nus De-us Sa-ba-oth.
 Ple-ni sunt cæ-li et ter-ra glo-ri-a tu-a.
 Ho-san-na in ex-cel-sis. Be-ne-dic-tus qui ve-nit in
 no-mi-ne Do-mi-ni. Ho-san-na in ex-cel-sis.

MEMORIAL ACCLAMATION

When we eat this Bread and drink this Cup,
 we pro-claim your Death, O Lord,
 un-til you come— a-gain.

11:00 am

Mor - tem tu - am an-nun-ti - a-mus, Do - mi-ne,
et tu - am resurrectio-o-nem con-fi-te-mur, do - nec ve-ni - as.

PATER NOSTER (9:00 am and 11:00 am)

Præceptis salutaribus moniti, et divina institutione formati, audemus dicere:

At the Savior's command and formed by divine teaching, we dare to say:

Pa-ter no-ster, qui es in cæ-lis: sanc-ti-fi-ce-tur no - men tu - um;
ad-ve-ni-at re-gnum tu - um; fi-at vo-lun-tas tu-a, si-cut in cæ-lo, et
in ter - ra. Pa-nem no-strum co - ti - di - a - num da no-bis ho-di-e;
et di-mit-te no-bis de-bi - ta no-stra, si-cut et nos di-mit-ti -
mus de-bi - to - ri - bus no - stris; et ne nos in - du-cas in ten -
ta - ti - o - nem; sed li - be - ra nos a ma - lo.

Libera nos, quæsumus, Domine, ab omnibus malis, da propitius pacem in diebus nostris, ut, ope misericordiæ tuæ adiuti, et a peccato simus semper liberi et ab omni perturbatione securi: expectantes beatam spem et adventum Salvatoris nostri Iesu Christi.

Deliver us, Lord, we pray, from every evil, graciously grant us peace in our days, that, by the help of your mercy, we may be always free from sin and safe from all distress, as we await the blessed hope and the coming of our Savior, Jesus Christ.

Qui-a tu-um est re-gnum et po-tes-tas, et glo-ri-a in sæ-cu - la.

AGNUS DEI

Mass XVIII

Ag-nus De - i, qui tol - lis pec - ca - ta mun-di:
mi - se - re - re no - bis.
mi - se - re - re no - bis.
do - na no - bis pa - cem.

5:30 pm Missa secunda Hans Leo Hassler
11:00 am Missa quarti toni T.L. de Victoria

COMMUNION

Priest: Behold the Lamb of God...
People: Lord, I am not worthy that you should enter under my roof, but only say the word, and my soul shall be healed.

Christoph Tietze

Fa - ther, if this cup can-not pass, un-less I
drink it, then your will be done,
then your will be done.

Communion antiphon for Palm Sunday. Setting (c) 2004 Christoph Tietze.

5:30 pm "Sicut cervus" G.P. da Palestrina

9:00/11 am Comm. "Pater, si non potest"

Father, if this cup cannot pass away unless I drink it, your will be done. Mt 26:42

11:00 am "O vos omnes" Pablo Casals

O all you who walk by on the road, look and see: if there be any sorrow like my sorrow. Pay attention, all people, and behold my sorrow.

RECESSIONAL

O Sa - cred Head, sur - round - ed By
I see your strength and vi - gor All
In this, your bit - ter pas - sion, Good
crown of pierc - ing thorn! O bleed - ing Head, so
fad - ing in the strife, And death, with cru - el
Shep - herd, think of me With your most sweet com -
wound - ed, Re - viled, and put to scorn! The
ri - gor, Be - reav - ing you of life. O
pas - sion, Un - wor - thy though I be. Be -
pow'r of death comes o'eryou, The glow of life de -
a - go - ny and dy - ing! O love to sin - ners
neath your cross a - bid - ing For ev - er would I
cays, Yet an - gel hosts a - dore you And
free! Je - sus, all grace sup - ply - ing, O
rest, In your dear love con - fid - ing, And
trem - ble as they gaze.
turn your face on me.
with your pre - sence blest.

Misa en Español

ENTRADA I

Jacques Berthier

Ho - san - na, ho - san - na, ho -
san - na in ex - cel - sis.

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BENDICION DE LOS RAMOS**EVANGELIO**

Marco 11:1-10

ENTRADA II

“Gloria, Alabanza y Honor” Francisco Palazón
GLORIA, ALABANZA Y HONOR!
GRITAD HOSANNA Y HACEOS
COMO LOS NIÑOS HEBREOS
AL PASO DEL REDENTOR.

Como Jerusalén con su traje festivo,
Vestida de palmeras, coronada de olivos,
Viene la cristiandad en son de romería
||: A inaugurar tu Pascua con himnos de alegría. :||

Ibas como va el sol a un ocaso de gloria;
Cantaban ya tu muerte al cantar tu victoria.
Per tu eres el Rey, el Señor, el Dios fuerte,
||: La vida que renace del fondo de la muerte. :||

Tu que amas a Israel y bendices sus cantos,
Complácete en nosotros, el pueblo de los santos,
Dios de toda bondad que acoges en tu seno
||: Cuanto hay entre los hombres sencillamente
bueno. :||

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PRIMERA LECTURA

Isaiah 50:4-7

SALMO

Salmo 22

*Dios mío, Dios mío, por que me has abando-
nado.*

SEGUNDA LECTURA

Philippians 2:6-11

ACLAMACION

Alabanza a ti, oh Cristo, Rey de eterna gloria.

LA PASSION SEGÚN MARCO**PROFESION DE FE**

Creo en un solo Dios, Padre todopoderoso, Creador del cielo y de la tierra, de todo lo visible y lo invisible.

Creo en un solo Señor, Jesucristo, Hijo único de Dios, nacido del Padre antes de todos los siglos:

Dios de Dios, Luz de Luz, Dios verdadero de Dios verdadero, engendrado, no creado, de la misma naturaleza del Padre, por quien todo fue hecho; que por nosotros, los hombres, y por nuestra salvación bajó del cielo, y por obra del Espíritu Santo se encarnó de María, la Virgen, y se hizo hombre; y por nuestra causa fue crucificado en tiempos de Poncio Pilato; padeció y fue sepultado, y resucitó al tercer día, según las Escrituras, y subió al cielo, y está sentado a la derecha del Padre; y de nuevo vendrá con gloria para juzgar a vivos y muertos, y su reino no tendrá fin.

Creo en el Espíritu Santo, Señor y dador de vida, que procede del Padre y del Hijo, que con el Padre y el Hijo recibe una misma adoración y gloria, y que habló por los profetas.

Creo en la Iglesia, que es una, santa, católica y apostólica.

Confieso que hay un solo bautismo para del perdón de los pecados.

Espero la resurrección de los muertos y la vida del mundo futuro.

Amén.

OFERTORIO “Ave verum” Guillermo Pájaro

Salve, verdadero Cuerpo, nacido de la Virgen María. Salve, verdadero Cordero, inmolado por nosotros en la cruz, de cuyo costado manó agua y sangre. Que esto sea un anticipo en la hora de la prueba. Amén.

SANCTUS

Misal Romano

San-to, San-to, San-to es el Se-ñor, Dios del
 u - ni - ver - so. Lle - nos es - tán el cie - lo y
 la tie - rra de tu glo - ria.
 Ho - san - na en el cie - lo.
 Ben - dí - to el que vie - ne en nom - bre del Se - ñor.
 Ho - san - na en el cie - lo.

ACLAMACION

A - nun - cia - mos tu muer - te,
 pro - cla - ma - mos tu re - sur - rec - cion.
 Ven, Se - ñor Je - sus!

CORDERO DE DIOS

Misal Romano

Cor-de-ro de Dios, que qui-tas el pec-ca-do del
 1.2. mun-do: ten pie-dad de no - so -
 3. tros. da - nos la paz.

COMUNION

Antifona “Pater, si non potest”

(Padre, si esta copa no puede pasar sin que yo la beba, hágase tu voluntad. Mt 26:42)

“Ven al Banquete”

Bob Hurd

VEN, VEN AL BANQUETE.
 VEN A LA FIESTA DE DIOS.
 LOS QUE TIENEN HAMBRE
 Y SED SERAN SACIADOS.
 VEN A LA CENA DE CRISTO,
 VEN A LA FIESTA DE DIOS.

Quien le puede dar de comer a la multitud?
 Con Jesús, al compartir lo poco que hay,
 recibimos plenitud.

Hay que darse a morir para cosechar,
 Las semillas de libertad y resurrección,
 la promesa de vivir.

Los desamparados vendrán a partir el pan
 Y verán su dignidad de nuevo en Jesús,
 Salvador y Buen Pastor.

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SALIDA “Hoy Perdóname” Tradicional

1. Hoy perdóname, hoy por siempre,
 Sin mirar la mentira,
 Lo vacío de nuestra vidas,
 Nuestra falta de amor y caridad.
2. Hoy perdóname, hoy por siempre.
 Aun sabiendo que he caído,
 Que de ti siempre había huido,
 Hoy regreso arrepentido, vuelvo a ti, vuelvo a ti.

EL GRUPO MARIANO LES INVITA

El Grupo Mariano de la Catedral de Santa María de la Asunción les invita a ser parte de nuestra ministría para crecer en nuestra Fe Católica. Juntos creceremos en la oración, en conocer más profundamente la Santa Biblia y el Catecismo de la Iglesia Católica.

Por favor de contactarse con el Diácono Juan Michel para más información:

415-567-2020 extensión 210

Bendiciones a todos.



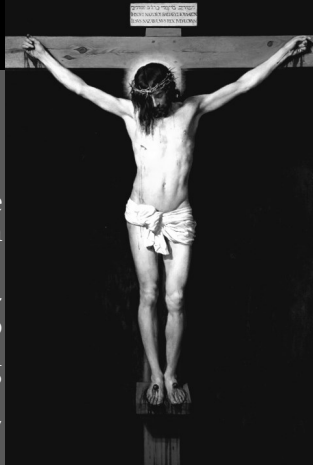
VIA CRUCIS BILINGUE

1:00 p.m. Viernes Santo
Bilingue en Español e Inglés

Último Viacrucis de Cuaresma

Mientras sigues las huellas de la pasión de Cristo, puede que te preguntes: "¿Quién soy yo?"

¿Soy como Cristo, perdonando a mis verdugos? ¿Soy Simón de Cirene, llevando parte de su carga? ¿Soy el pecador cuya alma pesa sobre los hombros de Cristo? Descubre el Vía Crucis como oración, devoción, o preparación para la Confesión.



BILINGUAL STATIONS OF THE CROSS

1:00 p.m. Good Friday

Bilingual in English and Spanish

Last Stations of the Cross in Lent

As you follow the footsteps of Christ's passion, you may wonder, "Who am I?"

Am I like Christ, forgiving my tormentors? Am I Simon of Cyrene, bearing part of His burden? Am I the sinner whose soul weighs upon the shoulders of Christ?

Discover the Way of the Cross as a prayer, a devotion, a preparation for Confession.

LOS TRES PILARES DE LA CUARESMA

THE THREE PILLARS OF LENT

AYUNO y ABSTINENCIA: Todos de catorce años o mas están obligados a abstenerse de comer carne el MIÉRCOLES DE CENIZA, los VIERNES de Cuaresma y VIERNES SANTO.

Todos de dieciocho años de edad o mayor, pero menores de sesenta años también están obligados a guardar ayuno el MIÉRCOLES DE CENIZA y VIERNES SANTO.

En estos dos días, la ley de guardar ayuno solo permite una comida completa al día, pero no prohíbe tomar alimentos durante el día, siempre que estos alimentos no constituya otra comida completa. Se permite beber líquidos durante el día.

Cuando la salud o la capacidad para trabajar sería afectada seriamente, la ley no obliga. En caso de duda sobre el ayuno o la abstinencia, se debe consultar un sacerdote asignado al ministerio pastoral o confesor. En el espíritu de penitencia, los fieles no deben excusarse a la ligera de esta obligación.

También se nos invita a ofrecer sacrificios voluntarios de ayuno y abstinencia para unirnos en cuerpo y espíritu a los sufrimientos de los hambrientos, y al hambre de Cristo en el desierto.

ORACIÓN: La oración regular y frecuente fortalece nuestra relación con el Señor y ayuda a unificar nuestra voluntad con la Suya. Considera rezar el Oficio Divino, pasar tiempo ante el Santísimo Sacramento, asistir a Misa, rezar el Vía Crucis o recitar el Rosario a diario.

LIMOSNA: Toda la vida del santo ministerio de Cristo, del pesebre a la cruz, fue sostenida por los dones de toda la creación de Dios, y en particular por la generosidad de los fieles. Jesús, que nunca pidió ningún apoyo, recibió todo lo necesario para vivir su ministerio de nuestra redención. Cuando Cristo mismo dio, fueron dones de alimento a los hambrientos, de curación a los enfermos, de vista a los ciegos y de vida a los muertos.

Se nos pide que imitemos a Cristo en nuestra ayuda a los necesitados, o que apoyemos las obras de la Iglesia, como los discípulos apoyaron las de Nuestro Señor.

FAST & ABSTINENCE: Everyone fourteen years of age and older is bound to abstain from meat on ASH WEDNESDAY, the FRIDAYS of Lent and GOOD FRIDAY.

Everyone eighteen years of age and older but under the age of sixty is also bound to fast on ASH WEDNESDAY and GOOD FRIDAY.

On these two days, the law of fast allows only one full meal a day, but does not prohibit taking some food during the day, so long as this does not constitute another full meal. Drinking liquids during the day is permitted.

When health or ability to work would be seriously affected, the rule does not oblige. In doubt concerning fast or abstinence, a priest assigned to pastoral ministry or confessor should be consulted. In the spirit of penance, the faithful should not lightly excuse themselves from this obligation.

We are also invited to offer *voluntary* sacrifices of fasting and abstinence to align ourselves in body and spirit to the sufferings of the hungry, to Christ's hunger in the desert.

PRAYER: Regular, frequent prayer strengthens our relationship with the Lord, and helps to unify our will to His. Consider praying the Divine Office, spend time before the Blessed Sacrament, attend Mass, pray the Stations of the Cross, or recite the Rosary on a daily basis.

ALMSGIVING: Christ's entire life of holy ministry, from the womb to the tomb, was supported by the gifts of all God's creation, and in particular through the generosity of the faithful. Jesus, who never asked for any support, was given everything He needed to live his ministry of our redemption. When Christ Himself gave, they were gifts of food to the hungry, healing to the sick, sight to the blind, and life to the dead. We are asked to imitate Christ in our assistance to the needy, or to support the works of the Church, as the disciples supported those of Our Lord.

EASTER MONDAY HOLIDAY SCHEDULE

Monday, April 1st
One Mass Only, 8:00 a.m.
 Cathedral open for prayer until 4:00 p.m., Office and Gift Shop Closed

HOLY WEEK/EASTER SCHEDULE

HOLY THURSDAY, March 28

Cathedral open 8am-5pm, re-open for Mass at 6:30pm
 (No Confessions and No 7:30am or 12:10pm Masses)
 7:30pm Mass of the Lord's Supper (Archbishop Cordileone)
 followed by Adoration until 10:15pm, St. Francis Hall

GOOD FRIDAY, March 29

(No 7:30am or 12:10pm Masses)
 11:30am - 12:30pm Confessions in the Cathedral
 1:00pm Viacrucis Bilingue en Inglés y Español
 1:00pm Bilingual Stations of the Cross; Spanish & English
 2:00pm - 3:00pm Choir Music in the Cathedral
 3:00 pm Liturgy of the Passion of the Lord with
 Archbishop Cordileone

HOLY SATURDAY, March 30

Cathedral Closed until 8:00pm
 (No Confessions; No 8am or 5:30pm Masses)
 9:00pm Easter Vigil Mass (Archbishop Cordileone)

EASTER SUNDAY, March 31

7:30am; 9:00am; & 11:00am (English); 1:00pm (Español)

CALENDAR OF EVENTS

EASTER MONDAY HOLIDAY

1 Apr, ONE mass Only, 8^{am} (Cathedral open until 4^{pm})

OUR LADY OF PERPETUAL HELP NOVENA

Wednesdays after 12:10pm Mass Guadalupe Shrine

TRADITIONAL LATIN MASS

1st Weds, 3 Apr, 3^{pm} Fr. Cameron Pollette, celebrant

ADORATION OF THE BLESSED SACRAMENT

1st Friday, 5 Apr, 8^{am} - 5^{pm}, Blessed Sacrament Shrine
 Concludes with Holy Hour for Vocations: 4^{pm}-5^{pm}

"STRENGTH FOR THE JOURNEY"

Fri, 5 Apr, Support for those living with Illness
 1:00 - 2:30pm, Msgr Bowe Room

ENGLISH BAPTISM PREPARATION CLASS

Sat, 6 Apr, 10^{am} Msgr. Bowe Rm. (Register in Office)

BAUTIZOS EN ESPAÑOL

Dom, 7 Abril, 2³⁰pm para familias preparadas en Marzo

"THROUGH DARKNESS INTO NEW LIGHT"

Free Grief Support Group
 Fri, 19 April, 10³⁰-Noon Msgr. Bowe Room

🎵 SUNDAY CONCERT 🎵

Livestreamed at:

www.youtube.com/CathedralofStMaryoftheAssumption

Sunday, March 24, 2024, 4:00pm

Heegeun Song, Violin, & Jin Kyung Lim, Piano.
 Works by Johann Sebastian Bach.

Updates: Dr. Christoph Tietze (415) 567-2020, ext 213

UPCOMING CONCERTS

Mar 31, 4:00 pm: Michal Szostak (Poland),
 Organ.

Apr 7, 4:00 pm: Friedrich Edelmann, Bassoon,
 Rebecca Rust, Cello, and Dmitriy Cogan, Piano.

Apr 14, 4:00 pm: Verve Trio with Chia-Lin Yang,
 Piano.

PRAYER LIST/ORACIONES

Join us in prayer for our parishioners and their loved ones.
 Unimos en oración por nuestros miembros y queridos.

Intenciones • Intentions

Ida & Michelle Antonucci	Marta Melendez
Michelle Barragan	Allan Mosqueda
Julie Brody	Jesse Pagan
Carine Cargo	Efren Ponce
Mélida Della Maggiora	Maria Samuels
Michael Herbert	Jessie Sandoval
Matthew Leum	Lori Sibley
Teague Mayfield	Dino Smith

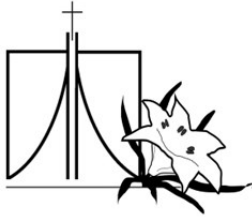
Deceased • Difuntos

✘ Duane Abrams	✘ Richard Darnell Holder
✘ Marianne Almajose	✘ Aurora Mallari
✘ Joaquin Alvarez III	✘ Aida Martin Baeza
✘ Rafieh Ashtari	✘ Lourdes Catig Poblete
✘ Armando Bernardo	✘ Jack Sibley
✘ Teresita Cui Calixto	✘ Judy Stage
✘ Arnolndo Fernandez	✘ Dr. Raquel Nieves Ulma
✘ Maria Gonzales	✘ John Zinner

...we prayer together as one Family in Christ.
 ...rezamos juntos como una familia en Cristo.

CATHEDRAL EASTER FLOWERS

As the solemnity of Easter approaches, the Cathedral welcomes contributions to help adorn its great space with floral tributes. Your gift, which can honor someone special, will share the joy and beauty of this special time of the church year with everyone who visits the Cathedral during this season of renewal and hope.



Notice how the flowers grow.
They do not toil or spin.
But I tell you, not even Solomon
in all his splendor
was dressed like one of them.
Luke 12:27

Enclosed is my gift of \$25.00 _____ \$50.00 _____ \$75 _____ \$100.00 _____
Other \$ _____

Name (please print) _____

Address _____

Telephone _____

This gift is: _____ in Memory of _____ in Honor of _____

in Thanksgiving for _____

Name _____

Occasion _____

_____ Do not acknowledge this gift in the Bulletin

Please make checks payable to St. Mary Cathedral Flowers

ST. VINCENT DE PAUL SOCIETY

Second Collection, March 23-24

The second collection will be taken for the St. Vincent de Paul Conference at St. Mary's Cathedral. Please give generously. Your support helps provide meals and gift bags for the Winter Homeless Shelter, the expenses of operating the current Eggstravaganza and clothing and food drives that occur throughout the year.

Your generosity makes a difference, in our own neighborhood and beyond, Thank You!

SOCIEDAD DE S. VICENTE DE PAÚL

Segunda Colecta, 23-24 de Marzo

La segunda colecta será para la conferencia de San Vicente de Paul en la catedral de Santa María. Por favor dar generosamente. Su apoyo ayudará SVdP proporcionar víveres de emergencia a familias necesitadas, comidas y bolsas de regalo para el albergue de invierno, y las Recogidas de Ropa y de Alimentos y Regalos que recorren periódicamente.

Su generosidad marca la diferencia, en nuestra parroquia y más allá. ¡Gracias!

SECOND COLLECTIONS SEGUNDAS COLECTAS QUE VIENEN

28 Mar - Holy Thursday, Collection for the Poor

28 Mar - Jueves Santo, Colecta para los Pobres

29 Mar - Good Friday, for the Holy Land

29 Mar - Viernes Santo, para la Tierra Santa

31 Mar - Easter/Pascua, AAA 2024

COLLECTIONS/COLECTAS

2023 - 2024 FISCAL YEAR/AÑO FISCAL 2023 - 2024:

Collection/Colecta 9-10 Mar: \$ 3,404

Subtotal: \$181,905

Collection/Colecta 3-4 Mar: \$ 3,834

New Total/Nuevo Total: \$185,739

73% of Goal/de Meta \$248,654

SVdP EGGSTRAVAGANZA



Help SVdP Spread Easter Joy!

THANK you for participating in our Second Annual Eggstravaganza!

Please bring your gift cards to the Gift Shop by 3pm Sunday of THIS Weekend.

Thank you!

GIFT SHOP HIRING P/T CLERK

Pick Up Application in the Gift Shop

We're offering a part-Time position, Sundays only. This is a great way to pick up some extra weekend pay to help with expenses.

Retail experience, and some basic knowledge of the Catholic Faith is helpful. Some on-site training.

Apply in person at Gift Shop.



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- Veteran home care services support our nation's heroes and their families when they need it most.
- Personalized dementia care services help not only the person living with dementia, but their families as well.
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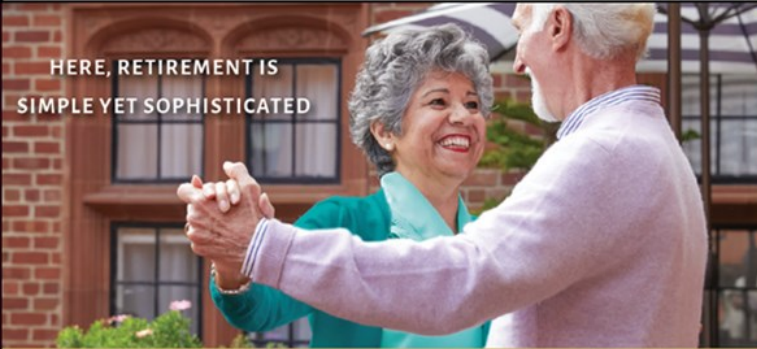
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Matthew 25:35 *"For I was hungry and you gave me food..."*

VOLUNTEERS NEEDED!

The Order of Malta is seeking home cooks for this monthly service which provides meals to needy local families.

What You Can Do:

Choose an item from the monthly menu to prepare in your home. Volunteer drivers will pick up your food item if needed.

When You Can Volunteer:

Volunteer in your free time. No monthly obligation.

Who Can Volunteer:

Non-members of the Order are Welcome.

How to Get Involved:

Contact kevinjwhite86@gmail.com to learn more and sign up.

Why Volunteer:

Share your love of cooking on a team that is making a difference in the community.

Volunteers Needed!



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