

CATHEDRAL OF SAINT MARY OF THE ASSUMPTION

1111 Gough St, San Francisco, CA 94109 - Tel: (415) 567-2020 FAX: (415) 567-2040 - www.smcsf.org

MOST REVEREND SALVATORE J. CORDILEONE
Archbishop of San Francisco

VERY REVEREND KEVIN KENNEDY
Pastor and Rector

SACRAMENTS AT THE CATHEDRAL MASS SCHEDULE

MONDAY - FRIDAY, 7:30 AM; 12:10 PM

SATURDAY, 8:00 AM; 5:30 PM

SUNDAY, 7:30AM; 9AM; 11AM; 1PM (ESPAÑOL)

FIRST WEDS (TRADITIONAL LATIN MASS), 3:00 PM

12:10 AND 11AM MASSES LIVESTREAMED TO:

[youtube.com/CathedralofStMaryoftheAssumption](https://www.youtube.com/CathedralofStMaryoftheAssumption)

+++++

CONFESSION SCHEDULE

✕ (Daily) Mon-Fri, 11:30 to 12:00 Noon

✕ (Weekly) Saturdays, 4:00 to 5:00 pm

BAPTISM

INFANTS English Preparation: First Saturdays at 10:00 am
English Baptisms: Second Sundays at 2:15 pm

Consult our Web Page: www.smcsf.org/parish/baptisms

BAUTIZO EN ESPAÑOL: Primer Domingo del Mes, 2:15 pm
Informes con Sofia Aguilar (415) 310-6142

OCIA FOR ADULTS OR SCHOOL-AGE CHILDREN:
Contact Cathedral Office (415) 567-2020

FIRST COMMUNION

Cathedral Parishioners, contact our Office (415) 567-2020 x 200

Primera Comunión en Español:
Informes con Rosario Morales (415) 988-5884
o Maria Sandoval (415) 867-5676

CONFIRMATION

Cathedral Parishioners, call Office (415) 567-2020x200
Adult Candidates, contact Dcn. Sandoval (415) 567-2020x203
Para Niños: informes con Rosario Morales (415) 988-5884
Adultos; informes con Diácono Juan Michel (415) 567-2020x210

MARRIAGE

Please contact Mimi Ruiz (415) 567-2020x254
Español, informes con Diácono Juan Michel (415) 567-2020x210

VOCATIONS AND DISCERNMENT

Deacon formation/Discernment, Dcn. Fred Totah (415) 614-5530
Women Religious/Discernment, Sr. Diane Aruda (415) 614-5535
Priesthood/Discernment, Fr. Cameron Faller (415) 614-5683
Cathedral Parishioners, call Office (415) 567-2020

ANOINTING OF THE SICK

(Within our Parish), please call office for a priest (415) 567-2020

OTHER MINISTRIES AND OFFERINGS

MINISTRY TO THE SICK AND HOMEBOUND

Contact Deacon R. Christoph Sandoval (415) 567-2020x203

FUNERALS

Call Office for Funerals/Memorials (415) 567-2020x254

BEREAVEMENT

Contact Deacon R. Christoph Sandoval (415) 567-2020x203

EXPOSITION OF THE BLESSED SACRAMENT

First Fridays: 8:30 am - 5:00 pm

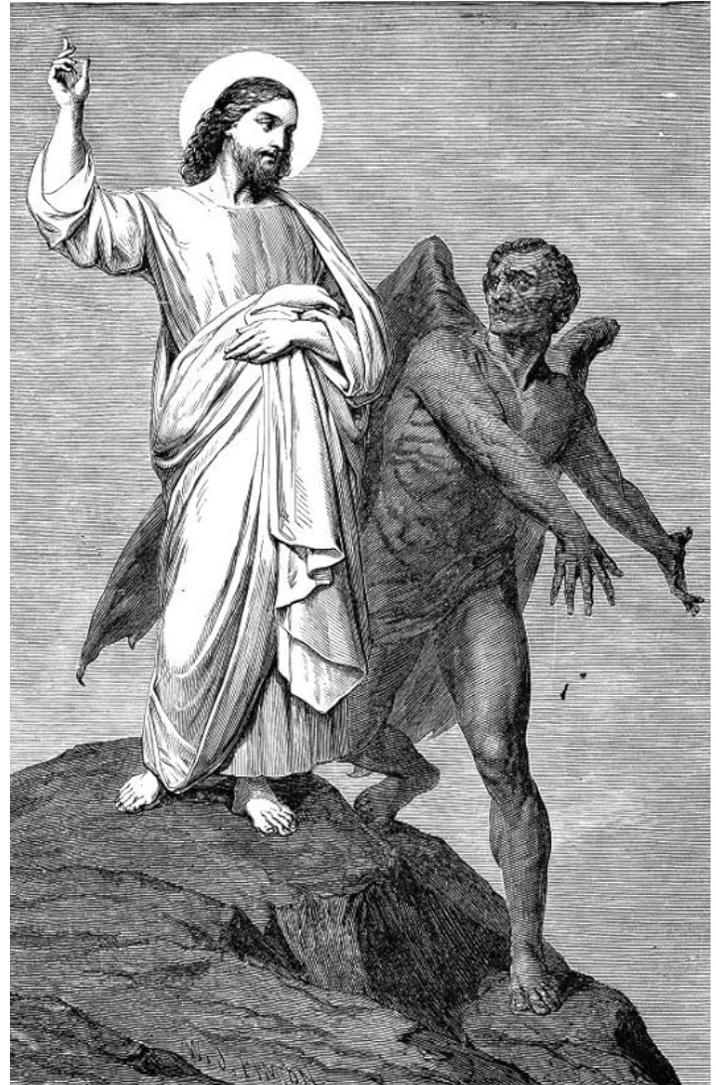
MUSICAL MEDITATIONS

Sundays at 4:00pm (415) 567-2020x213

GIFT SHOP

Books, Bibles, and Religious Articles (415) 567-4040

FOURTH SUNDAY OF LENT (LÆTARE SUNDAY) 15 MARCH, 2026



FORTY DAYS IN THE DESERT WITH CHRIST

40 days of

- ☒ ✕ Fast and Abstinence
- ☒ ✕ Prayer and Devotion
- ☒ ✕ Almsgiving and Sacri-

**CATHEDRAL OF
ST. MARY OF THE ASSUMPTION**

Phone: (415) 567-2020 Web: www.smcsf.org

PASTORAL STAFF AND CLERGY

Very Rev. Kevin Kennedy, Pastor and Rector ext. 209
Rev. Jerald Geronimo, Parochial Vicar ext. 208
Rev. Kyle Faller, Parochial Vicar 415-614-5602
Rev. Mr. R. Christoph Sandoval, Deacon; Pastoral
 Minister, Spiritual Care Support Ministries ext. 203
R. Sr. Juan Michel, Diácono, Hispanic Ministry ext. 210

CATHEDRAL LITURGY

Sacristans: David P, David L, Christian, John ext. 212
Wedding/Anniversary/Funeral/15era: Mimi Ruiz ext. 254

ORDER OF CHRISTIAN INITIATION (OCIA)

**Confirmation Preparation for Adults/Preparación por
 las Confirmaciones para Adultos:**
English: Deacon R. Christoph Sandoval ext.203
en Español: Diácono Juan Michel ext.210

CATHEDRAL MUSIC

Director of Music: Christoph Tietze ext.213
Music Office Assistant: Jin Kyung Lim ext.233
Cantors: Alexa Lopez, Mimi Ruiz

OFFICE AND ADMINISTRATION

OFFICE HOURS: MONDAY-FRIDAY, 8:30-5:00

Interim Business Manager: Mark Silva ext.202
Interim Director of Operations: Diane Luporini ext.201
Development Department: Jolie Velazquez ext.228
Receptionist/Bulletin Publisher: Michael McKeon ext.200
Secretary, Payroll & Benefits: Janet Carrillo ext.215

CATHEDRAL EVENT CENTER

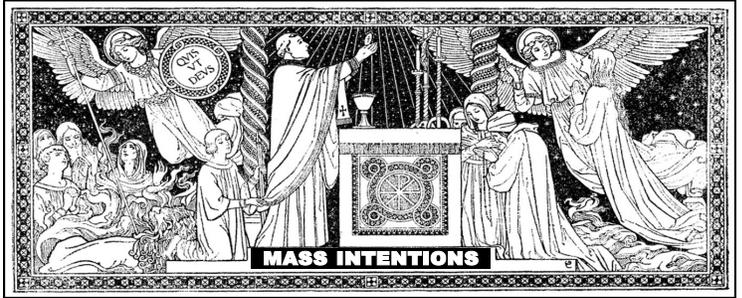
Director: Diane Luporini ext.201
Manager: Mark Silva ext.202

FACILITIES

Facilities Manager: Jeff McReynolds ext.230
Security Manager: Robin Roberson ext.222

GIFT SHOP

Manager: Maria Elena De Leon Tel. (415) 567-4040
Assistant: Jax Acoba Tel. (415) 567-4040



Mass intentions are \$10, offered in person only, in our Office. Dates subject to availability.

Sat Mar 14- (See Readings for Sunday)

5:30 pm Intentions (Anniversary) of Mr. & Mrs. Gabriel Solis

Sun Mar 15 - 1 Sm 16:1b, 6-7, 10-13a/Eph 5:8-14/Jn 9:1-41

7:30 am + Msgr. John J. O'Connor
 9:00 am Intentions of Anne Marie Albizo
 11:00 am Parishioners of St. Mary's Cathedral
 1:00 pm + Walter Fajardo

Mon, Mar 16 - Is 65:17-21/Jn 4:43-54

7:30 am Intentions (Health) of Roger Ely
 12:10 pm + Paul Zinner (Death Anniversary)

Tues Mar 17- Ez 47:1-9, 12/Jn 5:1-16

7:30 am + Kieran Ike
 12:10 pm Parishioners of St. Mary's Cathedral

Weds Mar 18 - Is 49:8-15/Jn 5:17-30

7:30 am Intentions (Health) of Roger Ely
 12:10 pm Intentions of Mary Ancilla Peterson

Thu Mar 19 - 2 Sm 7:4-5, 12-16/Rom 4:13-18, 22/Mt 1:16, 18-24

7:30 am Int of Sr. Miriam Joseph of the Most Blessed Sacrament
 12:10 pm Parishioners of St. Mary's Cathedral

Fri Mar 20 - Wis 2:1a, 12-22/Jn 7:1-2, 10, 25-30

7:30 am Intentions (Health) of Roger Ely
 12:10 pm + Josefina and Tobias Solis (Birthday Remembrance)

Sat Mar 21 - Jer 11:18-20/Jn 7:40-53

8:00 am + Kathleen Zinner

SUNDAY, MARCH 22 - FIFTH SUNDAY OF LENT

1 Sm 16:1b, 6-7, 10-13a/Eph 5:8-14/Jn 9:1-41

TURNING TOGETHER TOWARD THE LORD: A REFLECTION ON 'AD ORIENTUM' LITURGY

You will notice here at St. Mary's Cathedral that, during the Liturgy of the Eucharist, the priest faces in the same direction as the people – "ad orientem" – that is, facing east (symbolically, if not literally) with the people. This ancient practice, consistently observed by the Church until recent times and still fully permitted by the Church's liturgical norms, carries deep spiritual significance.

East is the origin of light: the rising sun has always been a reminder to Christians that Christ is the light of the world, who dispels the darkness of sin and death by his Resurrection from the grave. East also represents paradise, as, at the creation, God placed the garden in the east (Gen 2:8). While Mass with the priest facing the people began about sixty years ago to help foster greater active participation of the assembly, the more ancient posture *ad orientem*, which in no way diminishes the people's role of active participation, symbolically expresses that the Mass is not a closed circle or a conversation between priest and people, but an act of worship directed to God in which the priest leads the people in a common pilgrimage toward our heavenly homeland to meet the Lord who is to come.

INTROIT HYMN



Antiphon: Re - joice, Je - ru - sa - lem! and come, All
Verses: Je - ru - sa - lem: with what great joy, I
Je - ru - sa - lem: a ci - ty built To
Doxology: All glo - ry to the Fa - ther, Son, And
Antiphon: Re - joice, Je - ru - sa - lem! and come, All



those who love her glo-rious face. Re - joice, di - stressed and
heard them say, "Let us go there!" And now at last we
be a place of u - ni - ty; The tribes go up, the
to the Ho - ly Spir - it be; As from the first it
those who love her glo-rious face. Re - joice, di - stressed and



mourn - ful souls, And be con-soled by her em-brace.
take our stand With - in her gates to make our prayer.
tribes of God, To praise his name e - ter - nal - ly.
was, is now, And will be for e - ter - ni - ty.
mourn - ful souls, And be con-soled by her em-brace.

Antiphon: Is 66:10, 11, Christoph Tietze; Copyright (c) 2005 World Library Publications. All rights reserved.
Used with permission, lic. AL0215011. Verses: Psalm 122, New Metrical Psalter alt; Doxology: New Metrical Psalter.
Copyright (c) 1986 Christopher Webber. All rights reserved. Used with permission.

KYRIE



Ky - ri - e, e - le - i - son.



Chris - te, e - le - i - son.



Ky - ri - e, e - le - i - son.

PSALM

Joseph Gelineau



My Shep-herd is the Lord, no-thing in - deed shall I want.

Copyright (c) 1963 The Grail, England. GIA Publications exclusive agent. All rights reserved.
Used with permission, OneLicense.Net lic. A706372.

GOSPEL ACCLAMATION

Orbis factor



Praise and hon - or to you, O Lord Je - sus Christ.

Readings for this Weekend:

1 Samuel 16:1, 6-7, 10-13
Psalm 23
Ephesians 5:8-14
John 9:1-41

Choir Music this Weekend:

9:00 am Mass (Gregorian Chant)

Introit: "Laetare, Jerusalem"

Laetare, Ierusalem: et conventum facite omnes qui diligitis eam: gaudete cum laetitia qui in tristitia fuistis: ut exsultetis et satiemi ab uberibus consolationis vestrae. Ps. Laetatus sum in his quae dicta sunt mihi: in domum Domini ibimus.

(Rejoice, O Jerusalem; and gather round, all you who love her; rejoice in gladness, after having been in sorrow. Exult and be replenished with the consolation from her motherly bosom. Ps. I rejoiced when it was said unto me: "Let us go to the house of the Lord.")

Offertory: "Laudate Dominum"

Laudate Dominum, quia benignus est: psallite nomini eius, quoniam suavis est: omnia quaecumque voluit, fecit in caelo et in terra.

(Praise the Lord, for he is loving; sing in honor of his name, for he is gracious. He has accomplished whatever he resolved to do in heav en and on earth.)

Communion: "Lutum fecit"

Lutum fecit ex sputo Dominus, et linivit oculos meos: et abii, et lavi, et vidi, et credidi Deo.

(The Lord made some clay with his spittle and he spread it over my eyes. And I went forth, I washed myself, I began to see, and I put my faith in God.)

11:00 am (Cathedral Choir)

Introit / Communion (see above)

Kyrie/Agnus Dei: Tomas Luis de Victoria
Missa quarti toni

Offertory: Gabriel Faure
"Cantique de Jean Racine"

Communion: Thomas Tallis
"O nata lux"

O Light born of Light, Jesus, Redeemer of the world, with loving-kindness deign to receive suppliant praise and prayer. Thou who once deigned to be clothed in flesh for the sake of the lost, grant us to be members of your blessed body.

PROFESSION OF FAITH

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son

of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation, he came down from heaven (*bow*) and by the Holy Spirit was incarnate of the Virgin Mary and became man.

For our sake he was crucified under Pontius Pilate, he suffered death and was buried and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic, and apostolic Church. I confess one baptism for the forgiveness of sins, and I look forward to the resurrection of the dead and the life of the world to come. Amen.

CREDO 9 and 11 am

Credo III

Cre-do in u-num De-um, Pa-trem om-ni-po-ten-tem,
fac-to-rem cae-li et ter-rae, vi-si-bi-li-um om-ni-um,
et in-vi-si-bi-li-um. Et in u-num Do-mi-num Ie-sum Chri-stum,
Fi-li-um De-iu-ni-ge-ni-tum. Et ex Pa-tre na-tum
ante om-ni-a sae-cu-la. De-um de De-o, lu-men de lu-mi-ne,
De-um ve-rum de De-o ve-ro. Ge-ni-tum, non fac-tum,
con-sub-stan-ti-a-lem Pa-tri: per quem om-ni-a fac-ta sunt.
Qui prop-ter nos ho-mi-nes, et prop-ter no-stram sa-lu-tem
de-scen-dit de caelis. *Bow:* Et in-car-na-tus est de Spi-ri-tu Sanc-to
ex Ma-ri-a Vir-gi-ne: Et ho-mo fac-tus est.
Stand: Cru-ci-fi-xus e-ti-am pro no-bis: sub Pon-ti-o Pi-la-to
pas-sus, et se-pul-tus est. Et re-sur-re-xit ter-ti-a di-e,
se-cun-dum Scri-p-tu-ras. Et a-scen-dit in cae-lum:
sedet ad dex-teram Pa-tris. Et i-ter-um ven-tu-rus est cum glo-ria,
i-u-di-ca-re vi-vos et mor-tu-os: cu-ius re-gni non e-rit fi-nis.
Et in Spi-ri-tum Sanc-tum, Do-mi-num, et vi-vi-fi-can-tem;

qui ex Pa-tre Fi-li-o-que pro-ce-dit. Qui cum Pa-tre et Fi-li-o
si-mul a-do-ra-tur, et con-glo-ri-fi-ca-tur: qui locu-tus est per Pro-
phe-tas. Et u-nam sanc-tam cae-tho-li-cam
et a-po-sto-li-cam Ec-cle-si-am. Con-fi-te-or u-num bap-
tis-ma in re-mis-si-o-nem pec-ca-to-rum.
Et ex-spec-to re-sur-rec-ti-o-nem mor-tu-o-rum.
Et vi-tam ven-tu-ri sae-cu-li. A-men.

OFFERINGS

There will be two offerings today. The first is for the program and services of the Cathedral and the upkeep of this wonderful sacred place. Since we are a small parish, we do need and depend on the generosity of our visitors. An appropriate offering might be the price of a meal, a tour, a theatre ticket. The second offering is for Catholic Relief Services and will be taken up after Holy Communion.

You may use this QR dot for the offertory collection:



OFFERTORY—7:30 am "Attende, Domine"
10th c.

At - ten - de, Do - mi - ne, et mi - se - re - re,
Hear, O Lord, and have mercy,

qui - a pe - ca - vi - mus ti - bi.
for we have sinned against you.

SANCTUS Mass XVIII

Sanc-tus, sanc-tus, sanc-tus Do-mi-nus De-us Sa-ba-oth.

Ple-ni sunt cae - li et ter-ra glo-ri - a tu - a.

Ho-san-na in ex-cel-sis. Be-ne-dic-tus qui ve-nit in

no-mi-ne Do-mi-ni. Ho-san - na in ex-cel - sis.

MEMORIAL ACCLAMATION

Mor - tem tu - am an-nun-ti - a-mus, Do - mi - ne,

et tu - am resurrectio-o-nem con-fi-te-mur, do - nec ve-ni - as.

PATER NOSTER 9:00 and 11:00 am

Pa-ter no-ster, qui es in cae-lis: sanc-ti-fi-ce-tumo-men tu-um;

ad-ve-ni-at re-gnum tu-um; fi-at volun-tas-tua, si-cut in cae-lo, et

in ter-ra. Pa-nem no-strum co-ti-di-a-num da no-bis ho-die;

et di - mit - te no - bis de - bi - ta no - stra,

si - cut et nos di - mit - ti -

mus de-bi-to-ri-bus no-stris; et ne nos in-du-cas in ten-

ta-ti-o - nem; sed li-be-ra nos a ma - lo.

Qui - a tu - um est re-gnum et po-tes - tas,

et glo - ri - a in sae - cu - la.

AGNUS DEI Mass XVIII

Ag-nus De - i, qui tol - lis pec - ca - ta mun-di:

mi - se - re - re no - bis.

mi - se - re - re no - bis.

do - na no - bis pa - cem.

COMMUNION "In the Land of the Living"
Carl Johengen

I be - lieve I shall see the

good things of the Lord in the

land of the liv - ing.

Copyright (c) 1993 GIA Publications. All rights reserved.
Used with permission, OneLicense.net lic. A-706372

Text: Fred Pratt Green
Tune: Vernon Griffiths

He healed the dark - ness of my
Let oth - ers call my faith a
Ask me not how! But I know

mind The day he gave my sight to
lie, Or try to stir up doubt in
who Has o - pened up new worlds to

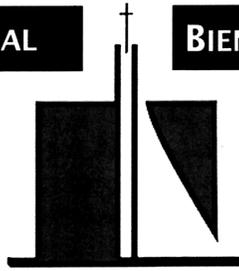
me: It was not sin that made me
me: Look at me now! None can de -
me: This Je - sus does what none can

blind: It was no sin - ner made me see.
ny I once was blind, and now I see.
do - I once was blind, and now I see.

Text Copyright (c) 1982 Hope Publishing Co. Tune Copyright (c) Vernon Griffiths.
All rights reserved.

WELCOME TO ST. MARY'S CATHEDRAL

If you have not already registered as parishioners of St. Mary's Cathedral, we invite you to fill out this registration form and become part of our parish family.



BIENVENIDO A LA CATEDRAL DE S^{TA} MARÍA

Si no han registrado como miembros de la Catedral de Santa María, les queremos invitar a llenar este formulario para unirse oficialmente a nuestra familia parroquial.

NAME/NOMBRE:	_____		
	<i>Last Name/Apellido Paterno</i>	<i>First Name/Primer Nombre</i>	<i>Middle Name/Segundo Nombre</i>
ADDRESS/DOMICILIO:	_____		
	<i>Street Address/Calle y Número</i>		<i>Apartment/Apartamento</i>
	<i>City/Ciudad</i>	<i>State/Estado</i>	<i>Zip/Código Postal</i>
CONTACT INFO/CONTACTO:	_____		
	<i>Email/Correo Electrónico</i>		
	<input type="checkbox"/> <i>Landline/Teléfono</i>	<input type="checkbox"/> <i>Landline/Teléfono</i>	
	() _____ - _____ <input type="checkbox"/> <i>Cell/Celular</i>	() _____ - _____ <input type="checkbox"/> <i>Cell/Celular</i>	
SPOUSE/ESPOSO/A:	_____		
	<i>Last Name/Apellido Paterno</i>	<i>First Name/Primer Nombre</i>	<i>Middle Name/Segundo Nombre</i>

GIFT SHOP/TIENDA DE REGALOS

Tues-Fri/Martes-Viernes: 8:30 - 12; 1 - 4:30

Saturday/Sábado: 9 - 12; 1 - 5:30

Sunday/Domingo: 9 - 3:00

CLOSED Monday/CERRADO Lunes; tel. (415) 567-4040

OFFICE HOURS/HORARIO DE OFICINA

Monday to Friday = 8:30-12:00; 1:00-5:00 = Lunes a Viernes

CLOSED = Saturday/Sunday Sábado/Domingo = CERRADO



WEDNESDAY NOVENAS TO OUR LADY OF PERPETUAL HELP

Weekly after the 12¹⁰ Mass

A Novena to Our Lady of Perpetual Help takes place every Wednesday after the 12:10 Mass at the Shrine of Our Lady of Guadalupe.

Novenas include prayer & song.

ST. VINCENT DE PAUL SOCIETY

St. Mary's Cathedral Conference

Monthly Sandwich-Making

Holiday Giving Drives

Food & Clothing Drives

Banquet Fundraisers

Shelter Support & Service



Find out more: 415-567-2020, ext. 205

Misa en Español

ENTRADA*“Espero en Ti, Señor” Santiago Fernández*

ESPERO EN TI, SENOR,
MI ALMA CONFIA EN TU PALABRA.
COMO EL CENTINELA A LA AURORA,
MI ALMA TE ESPERA, SENOR.

1. Desde el abismo clamo a ti, Señor,
Escucha mi clamor.
Estén atentos tus oídos, mi Dios,
A la suplica de mi voz.

2. Desde el abismo clamo a ti, Señor,
Escucha mi clamor.
Ten misericordia de mi, Señor,
Libérame con tu perdón.

Copyright © 1997 Santiago Fernandez. Published by OCP Publications. All rights reserved. Used with permission, LicenSing lic. 609713.

INTROIT “Laetare Ierusalem”

(Alégrate, oh Jerusalén; y reúnete en torno a ti, todos los que la amáis; gozaos en la alegría, después de haber estado en el dolor. Exultad y regocijaos con el consuelo de su seno materno. Sal. Me regocijé cuando me fue dicho: “Vayamos a la casa del Señor.” Is 66,10-11, Sal 121)

KYRIE

Ky - ri - e, e - le - i - son.
Chris - te, e - le - i - son.
Ky - ri - e, e - le - i - son.

PRIMERA LECTURA 1 Sam 16:1, 6-7, 10-13

SALMO Salmo 23
El Señor es mi pastor, nada me faltará.

SEGUNDA LECTURA Eph. 5:8-14

ACLAMACION*Alabanza a ti, oh Cristo, Rey de eterna gloria.***EVANGELIO**

Juan 9:1-41

PROFESION DE FE

Creo en un solo Dios, Padre todopoderoso, Creador del cielo y de la tierra, de todo lo visible y lo invisible.

Creo en un solo Señor, Jesucristo, Hijo único de Dios, nacido del Padre antes de todos los siglos:

Dios de Dios, Luz de Luz, Dios verdadero de Dios verdadero, engendrado, no creado, de la misma naturaleza del Padre, por quien todo fue hecho; que por nosotros, los hombres, y por nuestra salvación bajó del cielo, y por obra del Espíritu Santo se encarnó de María, la Virgen, y se hizo hombre; y por nuestra causa fue crucificado en tiempos de Poncio Pilato; padeció y fue sepultado, y resucitó al tercer día, según las Escrituras, y subió al cielo, y está sentado a la derecha del Padre; y de nuevo vendrá con gloria para juzgar a vivos y muertos, y su reino no tendrá fin.

Creo en el Espíritu Santo, Señor y dador de vida, que procede del Padre y del Hijo, que con el Padre y el Hijo recibe una misma adoración y gloria, y que habló por los profetas.

Creo en la Iglesia, que es una, santa, católica y apostólica.

Confieso que hay un solo bautismo para del perdón de los pecados.

Espero la resurrección de los muertos y la vida del mundo futuro.

Amén.

OFERTORIO

Gabriel Fauré

*“Cantique de Jean Racine”***SANTO**

Misal Romano

San-to, San-to, San-to es el Se-ñor, Dios del
u - ni - ver - so. Lle - nos es - tán el cie - lo y

la tie - rra de tu glo - ria.
 Ho - san - na en el cie - lo.
 Ben - di - to el que vie - ne en nom - bre del Se - ñor.
 Ho - san - na en el cie - lo.

ACLAMACION

A - nun - cia - mos tu muer - te,
 pro - cla - ma - mos tu re - sur - rec - cion.
 Ven, Se - ñor Je - sus!

Ó ...

Mor - tem tu - am an - nun - ti - a - mus, Do - mi - ne,
 et tu - am resurrectio - o - nem con - fi - te - mur, do - nec ve - ni - as.

AMEN

CORDERO DE DIOS

Misal Romano

Cor - de - ro de Dios, que qui - tas el pec - ca - do del
 mun - do: ten pie - dad de no - so -
 tros. da - nos la paz.

COMUNION

Antifona "Lutum fecit"

(El Señor hizo barro con su saliva y me lo untó en los ojos. Y salí, me lavé, comencé a ver, y puse mi fe en Dios.)

"Alma Mia"

Miguel Manzano

ALMA MIA, RECOBRA TO CALMA,
 QUE EL SENOR FUE BUENO CONTIGO;
 ALMA MIA, RECOBRA TU CALMA,
 QUE EL SENOR ESCUCHA TU VOZ.

1. Amo el Señor porque escucha mi voz suplicante;
 porque inclina su oído hacia mí el día que lo invoco.

2. Me envolvían redes de muerte,
 me alcanzaron los lazos del abismo,
 caí in tristeza y angustia.

Invoke el nombre de Señor:
 "Señor, salva mi vida."

3. El Señor es benigno y justo,
 nuestro Dios es compasivo;
 el Señor guarda a los sencillos:
 estando yo sin fuerzas me salvó.

4. Arranco mi alma de la muerte,
 mis ojos de las lágrimas, mis pies de la caída.
 Caminare en presencia del Señor,
 en el país de la vida.

Copyright © 1968 Miguel Manzano. Published by OCP Publications. All rights reserved. Used with permission, LicenSing lic. 609713.

SALIDA

"Oh Dios, Crea en Mi" Eleazar Cortes

Oh Dios, crea en mí,
 Oh Dios, crea en mí,
 Crea un corazón,
 Un corazón puro.

Copyright © 1994, 1998 Eleazar Cortes. Published by OCP Publications. All rights reserved. Used with permission, LicenSing lic. 609713.

PREPARACIÓN MATRIMONIAL

Para participar en el próximo sacramento de Matrimonios Comunales, llamen por favor al Diácono Juan Michel al número 415-567-2020 ext. 210, para asistir en las clases de preparación.

Las clases reúnen el Segundo y cuarto sábado a las 9am en el Salon Parroquial.

FRANCISCAN JUBILEE YEAR

EVENTS WILL BE ANNOUNCED HERE AS PLANS COMMENCE



10 January 2026 - 10 January 2027

"SPIRITUAL WARFARE IN THE DESERT OF OUR SOUL"

A Lenten Retreat for the Jubilee of Saint Francis:

March 29th, 9am to 3pm

No Fee (Donations Greatly Appreciated)

Coffee, Pastry & Light Lunch Provided

Contact: christophsandoval@gmail.com

CALENDAR OF EVENTS

BAPTISM PREP CLASS

3rd Weds, 18 March, 3pm; Cathedral Office

Info at: smcsf.org/parish/baptisms

"THROUGH DARKNESS INTO NEW LIGHT"

FREE GRIEF SUPPORT GROUP

3rd Fri, 20 March, 10³⁰ - Noon Msgr Bowe Room

STATIONS OF THE CROSS IN ENGLISH

20 March, Fridays after the 12:10pm Mass

VIACRUCIS EN ESPAÑOL

20 Marzo, Los Viernes de Cuaresma, 7:00pm

(Cena de Sopa después)

O.C.I.A. IN ENGLISH

Sat, 21 Mar, 10^{am} (1st & 3rd Saturdays) 415-567-2020x203

LEGION OF MARY WEEKLY MEETING

Sat, 21 Mar, 10:30-Noon Pope St. John Paul II Room

SVdP SANDWICH-MAKING

Tues, 24 Mar, 5:30-6:30pm; Event Center Kitchen

PREPARACIÓN MATRIMONIAL

Sáb, 28 Mzo, 9-11 (2^{do} y 4^{to} Sábado) 415-567-2020x210

O.I.C.A. EN ESPAÑOL

Sáb, 28 Mzo, 12-2 (2^{do} y 4^{to} Sábado) 415-567-2020x210

PRE-RETREAT MASSES

Sat, 28 Mar, 5:30pm Fr. Kevin Kennedy, Celebrant

Sun, 29 Mar, 7:30am Fr. Jerald Geronimo, Celebrant

(attend one of these Masses if you are participating in Lenten Retreat)

LENTEN RETREAT

Palm Sunday, 29 Mar, 8am Coffee, 9am-3pm Retreat

(Info: Deacon Sandoval, 415-567-2020, ext. 203)

SPIRITUAL WARFARE IN THE DESERT OF OUR SOUL

A LENTEN RETREAT FOR THE 2026 JUBILEE YEAR FOR THE 800TH
ANNIVERSARY OF THE TRANSITUS OF ST. FRANCIS OF ASSISI



Rev. Mr. R. Christoph Sandoval, Deacon of Deliverance
christophsandoval@gmail.com

PALM SUNDAY, MARCH 29, 8AM COFFEE, 9AM-3PM, RETREAT
COFFEE, PASTRY, AND LIGHT LUNCH PROVIDED

SUNDAY CONCERT SERIES

Livestreamed at:

www.youtube.com/CathedralofStMaryoftheAssumption

Sunday, 15 March, 2026, 4:00 p.m.

Karen Peng, Piano.

Updates: Dr. Christoph Tietze (415) 567-2020, ext 213

UPCOMING CONCERTS

Mar 22, 4:00pm: Joerg Abbing, Organ.

Mar 29, 4:00pm: Ethea Trio: Shintaro Taneda, Violin; Ayoun Alexandra Kim, Cello; John Lee, Piano.

Apr 5, 4:00pm: Xei and Kai Sackett, Piano.

Apr 12, 4:00pm: Rebecca Rust, on the Cello, with Friedrich Edelmann on the Bassoon.

Thursday Apr 16, 7:00pm: (Note date and time) Lux Lucida ("In the Rose of Dawn").

A Classical Vocal Concert with Piano/Organ. Christopher Hewitt and Alliana Lili Yang.

THROUGH DARKNESS INTO NEW LIGHT

Free Grief Support Group

3RD FRIDAYS, 20 MARCH, 10:30AM-12:00 NOON

These Sessions offer support for those coping with the loss of a loved one, from the perspective of our Catholic, faith-based spirituality, in a confidential environment, held in the Monsignor Bowe Room.

The Msgr. Bowe Room is directly off the parking lot on the West side of the building facing Cleary Court.

Call Deacon Christoph Sandoval (415) 567-2020x203.

CATHOLIC RELIEF SERVICES

Second Collection for March 14-15

Your support for this collection aids victims of persecution and natural disasters, provides legal services to poor immigrants, and advocates for the powerless. Through your generosity, six Catholic agencies reveal Christ's love to the vulnerable refugee, the immigrant family, and those who are poor and marginalized.

Please consider a contribution to The Catholic Relief Services Collection.

SAINTS & FEASTS

Sun, Mar 15 - St. Zachary, 8th C. Pope

Mon, Mar 16 - St. Megingaud of Würzburg, Abbot, Bishop, Monk

Tue, Mar 17 - St. Patrick, Bishop, Apostle to Ireland

Wed, Mar 18 - St. Cyril of Jerusalem, Bishop, Defender of Faith

Thu, Mar 19 - St. Joseph, Spouse of the Blessed Virgin Mary

Fri, Mar 20 - St. John Nepomucene, Confessor, Martyr

Sat, Mar 21 - St. Enda of Arran, Founder of Irish Monasticism

Read Bios of the Saints on mycatholic.life/saints

COLLECTION/COLECTAS

JULY 2025 - JUNE 2026 FISCAL YEAR: \$296,200 GOAL

Total 1 March: \$199,084

Collection/Colecta 8 Mar: \$3,294

Total: \$202,398

68% of Goal/de Meta \$296,200

ART AND ENVIRONMENT

Second Collection for March 21-22

As the Mother Church of the Archdiocese of San Francisco, we reflect the changing Liturgical Seasons and feast days of the Church in the functions and decorations of this spacious Cathedral. Never is this more evident than in the transformations we'll see in the transitions into Lent.

Thank you for your thoughtful contribution to this essential part of our worship environment!

SERVICIOS CATÓLICOS DE SOCORRO

Segunda Colecta del 14-15 de Marzo

El apoyo de ustedes a esta colecta ayuda a las víctimas de persecución y desastres naturales, proporciona servicios legales a los inmigrantes de bajos recursos y aboga por las personas indefensas. Gracias a su generosidad, seis agencias revelan el amor de Cristo al refugiado vulnerable, a la familia inmigrante y a los pobres y marginados.

Por favor, consideren contribuir a la colecta de Servicios de Socorro Católicos.

SANTOS Y FIESTAS

Dom, 15 Mzo - S. Zacarías, Papa del Siglo VIII

Lun, 16 Mzo - S. Megingaud de Würzburg, Abad, Obispo, Monje

Mar, 17 Mzo - S. Patricio, Obispo, Apóstol de Irlanda

Mier, 18 Mzo - S. Cirilo de Jerusalén, Obispo, Defensor de la Fe

Jue, 19 Mzo - S. Jose, Esposo de la Santísima Virgen María

Vier, 20 Mzo - S. Juan Nepomuceno, Confesor, Mártir

Sáb, 21 Mzo - S. Enda, Fundador del Monacato Irlandés

Vidas de los Santos (en Inglés) mycatholic.life/saints

UPCOMING SECOND COLLECTIONS

22 March - Cathedral Art and Environment

29 March - St. Vincent de Paul Society

5 Abril - Music Program

SEGUNDAS COLECTAS QUE VIENEN

22 Marzo - Arte y Ambiente de la Catedral

29 Marzo - Sociedad de San Vicente de Paúl

5 Abril - Programa de Música

ARTE Y AMBIENTE

Segunda Colecta del 21-22 de Marzo

Como iglesia madre de la Arquidiócesis de San Francisco, reflejamos los cambios en los tiempos litúrgicos y las fiestas de la Iglesia en las funciones y decoraciones de esta espaciosa catedral. Esto nunca es más evidente que en las transformaciones que veremos en la transición hacia la Cuaresma.

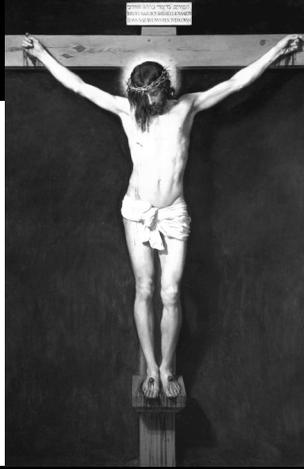
¡Gracias por su generosa contribución a esta parte esencial de nuestro entorno de culto!

VIA CRUCIS EN ESPAÑOL

Los Viernes de Cuaresma
Español: 7:00 p.m. en la Catedral,
 seguido de una Cena de Sopa

Comenzando el Viernes 7 de Marzo. Este es una buena práctica durante este tiempo de Cuaresma. Vengan con toda la familia y amigos honrando la pasión de Cristo. Bendiciones a todos.

Diacono Juan Michel.



STATIONS OF THE CROSS

Fridays during Lent

English: Immediately after the 12:10 Mass

Legend suggests that the Stations of the Cross was first practiced in Jerusalem by Mary following the Resurrection, tracing the steps of her Son's passion, then re-created around her home in Ephesus.

Please join us in this venerable tradition honoring the Passion of Our Lord in his sacrifices for us.

AYUNO Y ABSTINENCIA

ABSTINENCIA: Todos de catorce años o mas están obligados a abstenerse de comer carne el MIÉRCOLES DE CENIZA, los VIERNES de Cuaresma y VIERNES SANTO.

GUARDAR AYUNO: Todos de dieciocho años de edad o mayor, pero menores de sesenta años también están obligados a guardar ayuno el MIÉRCOLES DE CENIZA y VIERNES SANTO.

En estos dos días, la ley de guardar ayuno solo permite una comida completa al día, pero no prohíbe tomar alimentos durante el día, siempre que estos alimentos no constituya otra comida completa. Se permite beber líquidos durante el día.

Cuando la salud o la capacidad para trabajar sería afectada seriamente, la ley no obliga. En caso de duda sobre el ayuno o la abstinencia, se debe consultar un sacerdote asignado al ministerio pastoral o confesor. En el espíritu de penitencia, los fieles no deben excusarse a la ligera de esta obligación.

FAST AND ABSTINENCE

ABSTINENCE: Everyone fourteen years of age and older is bound to abstain from meat on ASH WEDNESDAY, the FRIDAYS of Lent and GOOD FRIDAY.

FAST: Everyone eighteen years of age and older but under the age of sixty is also bound to fast on ASH WEDNESDAY and GOOD FRIDAY.

On these two days, the law of fast allows only one full meal a day, but does not prohibit taking some food during the day, so long as this does not constitute another full meal. Drinking liquids during the day is permitted.

When health or ability to work would be seriously affected, the rule does not oblige. In doubt concerning fast or abstinence, a priest assigned to pastoral ministry or confessor should be consulted. In the spirit of penance, the faithful should not lightly excuse themselves from this obligation.

PRAYER LIST/ORACIONES

Join us in prayer for our parishioners and their loved ones. Unimos en oración por nuestros miembros y queridos.

Intenciones • Intentions

Maria Avendano	Claudia Melendez
Jack Bickel	Judge Padilla
Arquin Davis	Paquita P. Reyes
Margaret De Bono	Helen Ripple
Della Maggiora Family	Adam Sandoval
Rena Fregosi	Dino Smith
Michaele Herbert	Gerardina Talao (Thanks)
Patrick & Olga Inniss	Carmine Urcuyo
Matt Leum	Karina Velazquez
Maureen McKeon	George Zinner & Family

Deceased • Difuntos

✘ Josefina Alba Garcia	✘ Elizabeth Passanisi
✘ Doug Benbow	✘ Rev. Paul E. Perry
✘ Kathy Benson	✘ Helene Rosenthal
✘ Edmund Ralph Capalla	✘ Isadore Rosenthal
✘ Rev. Don D'Angelo	✘ Maria Samuels
✘ Irene Homick	✘ Sandra Sanchez Morales
✘ Gerardo León Alba	✘ David Pasquale Spingola
✘ Fr. Anthony E McGuire	✘ Anicleta Talao
✘ Brian McKeon	✘ Msgr. Romolo Vergara
✘ Deacon Jim Meyer	✘ Kathleen Zinner

...we prayer together as one Family in Christ.

...rezamos juntos como una familia en Cristo.

The Music Department Presents a Classical Vocal Concert with Piano and Organ

CHRISTOPHER HEWITT & ALLIANA LILI YANG

*Lux Lucida:
In the Rose of Dawn*



Thursday
**April
16
2026**

6:30 PM doors open

LIVE Cathedral of Saint Mary of the Assumption

7:00 PM - 9:00 PM

Address: 1111 Gough Street, San Francisco, CA 94109

: www.AllianaLiliYang.com



FOOD Friends

Volunteers Needed!

The FOOD Friends team is seeking enthusiastic home cooks to participate in a monthly service opportunity. The team prepares and delivers meals to needy San Francisco families.

What You Can Do:

- Choose an item from the monthly menu and prepare portions of that item in your own home.
- Volunteer drivers will pick up the food item from you, if you are unable to deliver to the service venue.

When You Can Volunteer:

- You can volunteer whenever you have free time.
- There is no obligation to participate from month-to-month.

How to Get Involved:

- Contact Kevin White at kevinjwhite86@gmail.com to learn more and sign up.

Why Volunteer:

- Make a difference in the lives of others.
- Share your love of cooking with others.
- Be a part of a team that is making a difference in the community.

Join the FOOD Friends Team and LIVE the spirit of the Gospel of Matthew: "For I was hungry and you gave me food..."

WHEELCHAIR | GURNEY | AMBULATORY ASSISTANCE | STAIRS



ST. MARK MEDICAL TRANSPORT LLC

SERVING THE SAN FRANCISCO BAY AREA. ALLOW US TO ASSIST YOU OR YOUR LOVED ONES TO MEDICAL OR NON-MEDICAL APPOINTMENTS. MENTION THIS AD FOR A SPECIAL DISCOUNT!

STMARKTRANSPORT.COM (650) 880-2588

PEOPLE MAKE SAN FRANCISCO GREAT.



RETIRING HERE MAKES THEM FAMILY.

Heritage
ON THE MARINA

HERITAGEONTHEMARINA.ORG | 415.202.0300
& RCFE #380500295, Certificate of Authority #260. Equal Housing Opportunity.